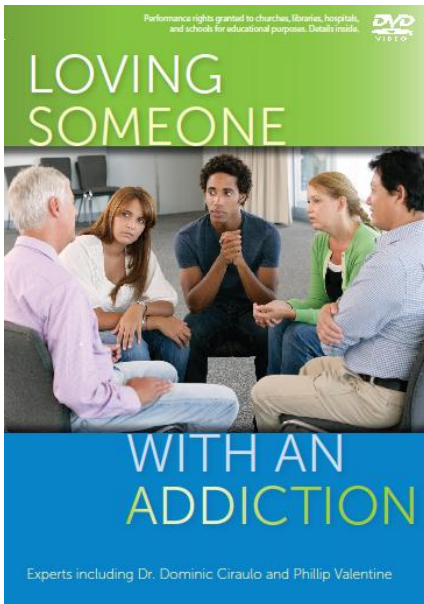


## **Brand New! Loving Someone with an Addiction**



Over 23.5 million people in America are currently in recovery from addiction. For those who live with an addiction is both heartbreaking and exhausting. Family members are torn between how to help the addict and how to avoid supporting the addiction. Through interviews with experts and with families who have experienced the addiction of a loved one, this video will offer hope-filled support in the form of practical information, advice from others who have been there, and the power of shared experiences.

Topics discussed include:

- Understanding addiction
- Addiction affects the whole family
- Grieving the loss of the person you once knew
- Pitfalls for families when dealing with addiction
- Feelings of guilt/shame/stigma
- Dealing with denial, fear, hopelessness and despair
- Detaching with love
- The importance of educating oneself about addiction
- Suggestions for recovery and where families can turn for help

"I grew up in an alcoholic family with a father who eventually died as a result of his alcoholism at the early age of 52. This DVD expresses very clearly, with compassion and understanding, of what a family experiences when a loved one becomes addicted. I highly recommend that this DVD should be made available to as many appropriate organizations and affected families as possible." Robert Savage, Founder, Connecticut Community for Addiction Recovery  
#15587 60 minutes 2013 \$139.95

## **New! Alcohol and Men's Violence Against Women**

While alcohol contributes to factors which may lead to violence against women, research shows that it is not the actual cause of violence against women by men. This program profiles four women who survived severely abusive relationships and offers additional insights from professionals in such areas as domestic violence, alcohol abuse, and law enforcement. #15505 Two parts 27 and 33 minutes 2011 \$209.95

## **Brand New! Reflections in the Rear View Mirror**

A compilation of five videos covering a number of aspects of impaired driving. Designed to help facilitate group interaction by encouraging members of a group to discuss their own experience driving under the influence of alcohol and/or drugs.

### **HOW I GOT MY DUI**

Individuals who were cited for driving under the influence share their experiences along with perspectives from law enforcement personnel 18 minutes

### **COSTS AND LOSSES**

An examination of the short and long term consequences - both financial and personal. 15 minutes

### **PHYSIOLOGY**

Presenting the physical and mental effects of alcohol and other drugs on the ability to drive. 16 minutes

### **LEVELS OF USE**

An explanation of the seven levels provides a frame work for group members to judge their own level. 16 minutes

### **HOW MY LIFE CHANGED FOR THE BETTER**

For many a DUI serves as a wake-up call to rethink. 9 minutes

#15572 Five parts (not sold separately) 74 minutes 2013 \$289.95 \*CC



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255 Delaware Avenue, Buffalo, NY 14202 Phone (716) 856-7631 Toll-Free (800) 466-7631 Fax (716) 856-7838

## **Brand New! Family in Treatment**

This innovative new product takes direct aim at some of the most challenging beliefs, behaviors, and barriers facing the recovering addict and his or her family. With presentations intended for separate viewing by the addict, the family members, and for both addict and family together, this engaging, humorous, and yet powerful presentation addresses many of the most difficult issues that often stand in the way of achieving and maintaining sobriety.

**FAMILY IN TREATMENT** provides meaningful insights into the most challenging aspects of the family dynamic as it affects the addict and the family members. Filmed at one of the top inpatient addiction recovery centers, this series incorporates direct interaction with a live audience composed of addicts and their families. Mark Lundholm uses his art of comedy, story telling, and ability to connect on the deepest level to convey a message of hope, a path for success, and provides a roadmap to help heal the wounds caused by addiction, codependence and family dysfunction.

### **Part 1: The Addicted (2 DVDs)**

Mark works with addicts in treatment and in various stages of recovery.

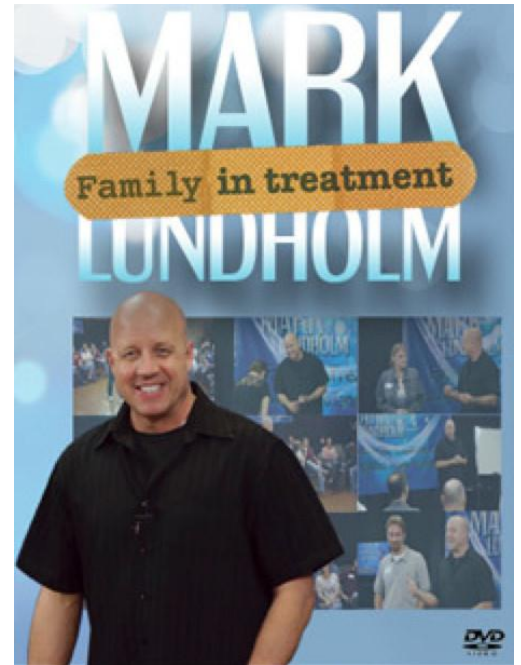
### **Part 2: The Affected – The Family (2 DVDs)**

Mark works with family members of addicts, both currently in treatment and in various stages of recovery.

### **Part 3: Connected – The Family and Addict Together (3 DVDs)**

Mark brings family members and addicts together to interact and share what they've learned.

#15299 Seven DVDs in one case 240 minutes 2013 \$249.95



### **\*\*\* See also Humor in Treatment with Mark Lundholm**

What's funny about a DVD on addiction recovery? Everything! In what could be the most uplifting 90 minutes ever spent in drug and alcohol rehab, HUMOR IN TREATMENT is at once familiar, edgy and ripe with optimism. As one program director says, Lundholm uses humor to disarm us - we see our pain and self-destructive behavior - and that we can progress to a new life. An indispensable tool for any counselor or client in a drug and alcohol rehab program. This DVD is a must for anyone in recovery. Funny. Raw. Inspiring. Get one of the best addiction treatment tools around. In three sequential phases - Getting Here, Being Here and Leaving Here - the series supports the therapeutic rehabilitation of people in addiction treatment. The creators use the healing power of laughter to help individuals make sense of their story, the gauntlet of recovery, and how to re-enter life beyond. #13904 90 minutes 2007 \$199.95

## **New! Compulsive Gambling and Recovery: A New Approach**

This video series is for recovering compulsive gamblers, their family members, therapists, counselors, recovery center staff, and administration. Features Helen Palmer and addiction and recovery counselors Renee Siegel and Rick Benson with nine exemplars from the ABC/Algamus Recovery Center in Prescott, Arizona. Includes Helen Palmer's extensive interviews with nine well-spoken exemplars, each a recovering compulsive gambler working with their own type structure.

*Those interviewed report the following benefits:*

1. Experience of an individualized recovery program instead of the traditional "one size fits all" approach.
2. A stronger, more effective therapeutic alliance.
3. Improved family relationships, especially with those who know their type.
4. Effective type-specific strategies that prevent relapse.
5. A felt sense of self-healing and self-forgiveness

#15502 A 3-DVD set total run time 5 hours 2012 \$189.95



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