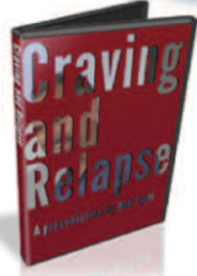
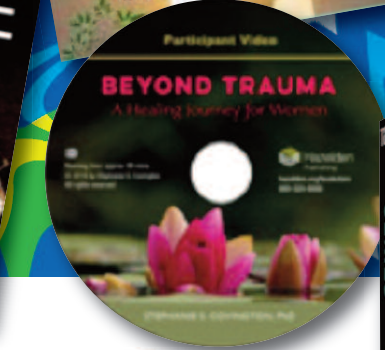
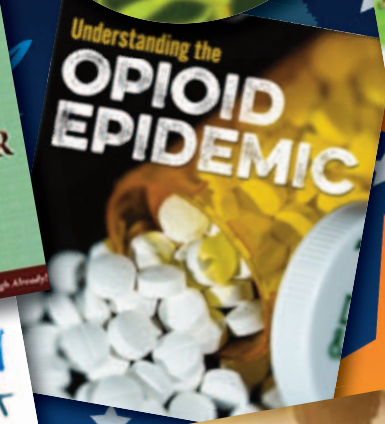
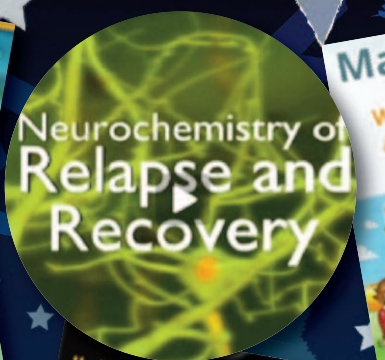
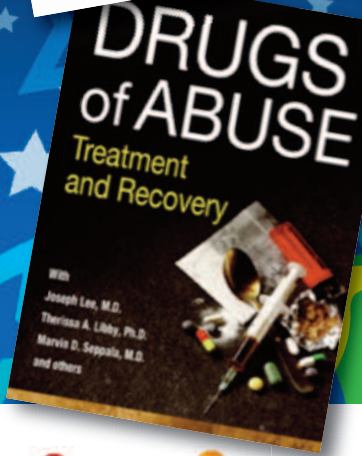
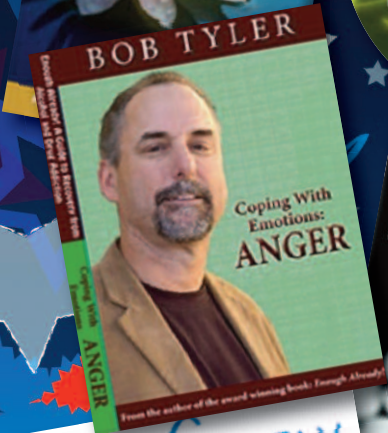


DVD/STREAMING

ADDICTIONS CATALOGUE 2019



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*****HAVING TROUBLE?? Just give us a call at 1-800-263-6910 and we'll help you quickly!!!**

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ADDICTION - WHAT IT IS AND THE CULTURE

***Best-seller!** BRAIN DEVELOPMENT AND ADDICTION with Gabor Maté **Canadian**

Gabor Maté, M.D. provides a clear explanation of addiction and its crucial relationship to brain development in early childhood and associated environmental conditions. Dr. Maté describes why we seek such destructive ways to comfort ourselves and why is it so difficult to stop.

#14733/0867 64 minutes 2009 \$189.95 *SA

***Best-Seller!** ADDICTION: The HBO Series ***Detailed descriptions of each program are available**

Featuring valuable case studies and expert commentary, this all encompassing series offers a wide-ranging look at the science and the human face of addiction. Personal stories from drug users and their family members are combined with in-depth perspectives from leading psychologists, drug counselors, and other experts on substance abuse. Educators will find the series format - beginning with a comprehensive overview (86 minutes) followed by 13 short documentaries - helpful for both group discussions and lectures.

**Contains mature themes, occasional explicit language, and some graphic injury footage.*

ADDICTION: A Comprehensive View (86 minutes)

WHAT IS ADDICTION? (20 minutes)

UNDERSTANDING RELAPSE (22 minutes)

THE SEARCH FOR DRUG TREATMENT: A Challenging Journey (21 minutes)

THE ADOLESCENT ADDICT (26 minutes)

AN INTERVIEW WITH NORA D. VOLKOW, M.D. (25 minutes)

AN INTERVIEW WITH MARK L. WILLENBRING, M.D. (22 minutes)

AN INTERVIEW WITH MICHAEL L. DENNIS, Ph.D. (22 minutes)

AN INTERVIEW WITH KATHLEEN T. BRADY, M.D., Ph.D. (19 minutes)

GETTING AN ADDICT INTO TREATMENT: The CRAFT Approach (18 minutes)

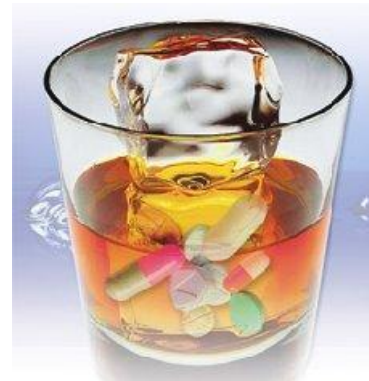
TREATING STIMULANT ADDICTION: The CBT Approach (23 minutes)

OPIATE ADDICTION: Understanding Replacement Therapy (19 minutes)

SOUTH BOSTON DRUG COURT (20 minutes)

A MOTHER'S DESPERATION: Resorting to the Law (24 minutes)

#12390/0635 Fourteen separate DVD programs 2006 \$229.95 each or Series \$2,959.95



***Best-Seller!** ANIMATED NEUROSCIENCE AND THE ACTION OF NICOTINE, COCAINE, AND MARIJUANA ON THE BRAIN

***CINE GOLDEN EAGLE AWARD**

"...one powerful tool a teacher can use to make neurobiology instruction meaningful." Science Books & Films

Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances. The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals. In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external environment through the body to the brain, where viewers learn about the cellular targets of these drugs, and how each drug interacts with them and subsequently affects the body.

Images of actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented. *A viewable/printable instructor's guide is available online

#5361/0635 24 minutes 1999 \$149.95 *CC



ADDICTION: Biopsychosocial Model by Terence T. Gorski

These three programs present the most recent research on addiction as a brain disease that causes personality problems and social dysfunction.

MIND-ALTERING SUBSTANCES takes a hard look at alcohol and other drugs - what they are, how they work and why they can be dangerous.

ADDICTIVE RISK FACTORS explains the physical, psychological, and social risk factors that set people up for abuse and addiction.

SUBSTANCE ABUSE AND ADDICTION describes the symptoms of substance abuse and addiction.

#13410/0815 Three programs on one DVD 2002 \$409.95

ADDICTIONS: Chemical and Behavioral

Addiction. The word has taken on a fairly generic meaning in everyday usage but actually has a pretty specific scientific and professional meaning. What is this pattern of behavior that can be applied to alcohol and other drugs, as well as problems like gambling and eating disorders?

#9803/1420 21 minutes 2004 \$169.95 *SA

THE ADDICTIVE PERSONALITY

Does addiction have a genetic factor? Can any type of addiction be treated medically? What steps can family members take to help a loved one struggling with addiction? This program provides answers to several addiction-related questions, focusing on the complexities of the addictive personality.

#12173/0635 30 minutes 2007 \$179.95 *CC

*** Brand New! ADDICTION BASICS**

Millions of people use alcohol and other drugs in a manner that would be considered harmful. How do they know when they've crossed the line into abuse or addiction? Clarifying the difference is crucial for accurate assessment, diagnosis, and treatment. ADDICTION BASICS is ideal for increasing general awareness and education surrounding addiction. It is perfect for individuals, adolescent and older people who are beginning assessment or who have not yet recognized they may have a substance use disorder. Shares insights from medical and behavioral health professionals as well as people in recovery in their own words. This engaging video presents the latest information on substance use disorders and dispels the myths surrounding the disease. The accompanying CD-ROM has a facilitator guide with discussion questions and client fact sheet to enhance learning and participation. #16248/0795 90 minutes 2017 \$309.95

***Best-Seller! USE, ABUSE, AND ADDICTION**

This comprehensive series by multi-award-winning producers of UPPERS, DOWNERS, ALL AROUNDERS addresses everything from the history of drugs through to treatment and recovery including the physiology, neurochemistry and sociology of drugs and compulsive behaviors .

*** An ideal visual resource for educational, clinical and training applications.

DVD ONE (4 programs) - HISTORY - 14 minutes, PREVENTION - 19 minutes, TREATMENT -14 minutes
MENTAL HEALTH AND DRUGS - 16 minutes

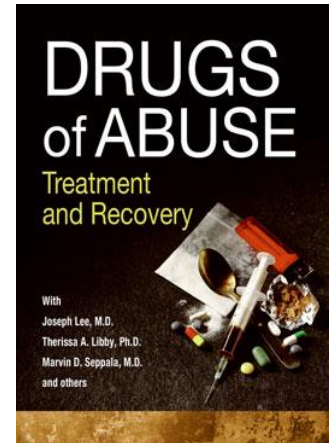
DVD TWO (6 programs) - HEREDITY, ENVIRONMENT AND PSYCHOACTIVE DRUGS - 14 minutes, UPPERS - 13 minutes, DOWNERS: Sedative, Hypnotics - 18 minutes, ALCOHOL - 17 minutes, ALL-AROUNDERS - 20 minutes, and OTHER DRUGS, OTHER ADDICTIONS - 20 minutes.

*** Detailed descriptions of each part are available on our website.

#13155/0410 Ten programs on 2 DVDs 2010 \$319.95 *CC *SA

THE ADDICTIVE SUBSTANCES**DRUGS OF ABUSE: Treatment and Recovery**

Using dramatic narratives, this compelling DVD offers an inside look at the disease of addiction, the treatment process, and long-term recovery. Doctors and clinicians join individuals in recovery to discuss the symptoms and consequences of drug abuse, the neurobiology of addiction, substance abuse treatment, and life in recovery. The accompanying CD-ROM features reproducible materials for both clients and professionals #15082/0795 90 minutes 2012 \$459.95 *CC

***Best-Seller! DRUGS AND THE BRAIN SERIES**

"This is your brain on drugs" may be an effective sound bite, but the reality of drug use and abuse is more complicated. As this five-part series shows, the brain can be affected by drugs and alcohol in many different ways, depending on the substance consumed.

STIMULANTS: The Mechanics of Pleasure - Explores the workings of the human nerve center under the influence of cocaine, amphetamines, and other stimulants.

PAINKILLERS: Numbing the Mind

Shows how opium and its derivatives, heroin and morphine, hijack that natural pain-numbing ability. Depicts the process by which brain receptors become desensitized and thus addicted.

LEGAL DRUGS: Still Addictive, Still Deadly - Details the ways smoking and drinking chemically take hold of the brain.

CANNABIS: Satanic Herb or Healing Potion?

As has occurred with most drugs, the neurological effects of cannabis have only recently been fully identified and understood. This program presents many of the latest findings, including new investigations into the clinical applications of the drug.

DESIGNER DRUGS: Uncertain Borders - In the 20th century, LSD and ecstasy became the hallucinogens of choice. Provides a detailed look at the effects of these and other such substances on the brain. #10790/0635 Five 51 minute programs 2005 \$189.95 each or Series \$929.95

**MEDICAL ASPECTS OF SUBSTANCE USE DISORDERS**

How do alcohol and other drugs affect brain functions? And how can you communicate this complex information in a way that is easy to understand? This informative program has been updated with the latest information on brain science and addiction and meets DSM-5 compliance. Includes a Facilitator Guide that provides step-by-step instructions on how to deliver a 60-minute client group session that is both engaging and informative. Reproducible fact sheets for adolescents and adults are also included to support the message that drugs change brain chemistry and that abstinence allows it to return to normal. #16132/0795 25 minutes 2016 \$319.95 *CC *SA

***Best-Seller! MEDICAL CONSEQUENCES OF ADDICTION** This program investigates the very real and diverse medical problems caused by the heavy and long-term use of psychoactive drugs, especially tobacco, alcohol, methamphetamines, and marijuana. As with previous CNS productions it is not based on scare tactics or moralizations ...just the facts, ma'am, (but that's pretty scary in this case anyway)! #9655/0410 36 minutes 2005 \$269.95 *SA

MARIJUANA

***New!** CANNABINYZED: The Physical and Mental Effects of Marijuana

As the legal status of marijuana changes, it's perceived dangers are lessening while the potency of the drug is increasing. This video covers marijuana as a psychoactive substance that induces its effects by manipulation of natural brain chemicals known as the endocannabinoids. The toxic and addictive impact that results from the drug's disruption of natural endocannabinoids is characterized in this video by the testimony of those impacted by the drug and by the scientists who are studying its effects. This video will help to clarify the many myths and misconceptions regarding the effects of marijuana. #16162/0410 26 minutes 2016 \$269.95 *CC *SA



***Best-Seller!** MARIJUANA: Neurochemistry and Physiology

Designed to be used in a group or clinical setting, this objective, non-judgmental video presents the latest research and findings on the neurochemistry and physiology of marijuana. The content focuses on the research advances in understanding how marijuana works on a cellular level and how those neurochemical changes affect sedation, the sense of novelty, appetite, memory, the immune system, visual spatial organization, paranoia, and dependence. Issues of tolerance and tissue dependence, withdrawal, acute psychic effects, driving effects, and physical effects are highlighted #9855/0410 32 minutes 2005 \$269.95 *SA

ALL ABOUT MARIJUANA

Is marijuana a gateway to addiction, to mental illness, to raised consciousness and spirituality? None of the above? Is it really the best choice for alleviating suffering from serious medical conditions? Viewers get some up to date scientific opinions on the consequences of smoking-up.

#13143/1420 20 minutes 2010 \$169.95 *SA

MESSING WITH HEADS: Marijuana and Mental Illness

The widespread use of marijuana only started to happen four decades ago. Research into the long-term effects has revealed some disturbing mental health issues. Because the THC content of modern marijuana is so much greater than the original natural strains, those issues, including schizophrenia and paranoid psychosis, may be on the gentler end of a very steep incline. That research is explained.

#4729/0635 46 minutes 2005 \$229.95 *CC

***** SEE ALSO IN THIS CATALOGUE ...**

***Brand New!** THE EFFECTS OF WEED ON YOUR BODY AND BRAIN from the new series TALK IT OUT: TEENS, SUBSTANCE ABUSE AND ADDICTION

COCAINE & CRACK

COCAINE

Intense, but brief highs followed by profound lows - this program explains how cocaine produces these effects and describes side effects and dangers of cocaine use. Outlines a treatment plan using an integrated approach. #13214/1420 20 minutes 2010 \$169.95 *SA



COCAINE AND CRACK: A Craving for More

An examination of the powerful stimulant cocaine and its smokeable form crack. The program looks at cocaine's effect on the body's energy supplies and the reward reinforcement center; the neurochemical effects of chronic and high-dose use; the reasons compulsion and addiction develop; treatment strategies when users want to recover. #7408/0410 35 minutes 2003 \$269.95 *SA

METH & UPPERS

METHAMPHETAMINE AND THE BRAIN

This program describes the effects and side effects users of methamphetamine and how they differ depending on the dose and method of use. Also explains why the depression following a prolonged binge is so severe and the treatment so difficult.

#13213/1420 25 minutes 2010 \$139.95 *SA

METHAMPHETAMINE: Neurochemistry and Recovery

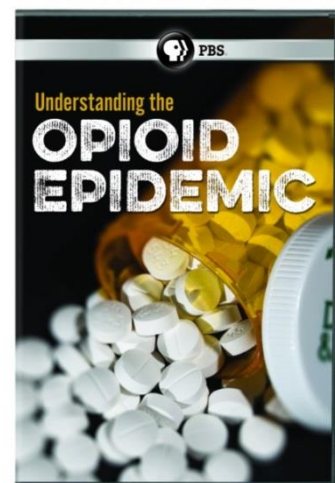
In the CNS tradition, great animation, solid science, non-judgmental, delivers the deadly facts about meth and how it ravages both body and mind. As the epidemic of meth use spreads through every level in society the message must be clear and convincing as to how and why this addiction is so lethal. #4441/0410 31 minutes 2006 \$229.95 *SA

PRESCRIPTION DRUGS & OTHER SUCH SUBSTANCES

***New!** UNDERSTANDING THE OPIOID EPIDEMIC

This program traces the causes behind the unprecedented growth in the use of prescription opioids and the devastating impact these drugs are having in virtually every part of the country. Captures the story of the opioid crisis through personal stories and interviews with experts and reveals the tragic impact of the overuse of prescription painkillers on individuals, families, and communities.

#16212/1725 56 minutes 2017 \$179.95 *CC



BEYOND OPIATES

This video presents a fresh new perspective on the science of pain and how it influences recovery from opioid dependency including fentanyl. The content focuses on a new paradigm for understanding chronic pain showing how the extended use of prescription painkillers increases the sensitivity of nerve cells thereby magnifying pain (hyperalgesia, hyperpathia, allodynia). Interviews with recovering addicts and treatment professionals illustrate the challenges opiate addiction creates and presents a message of hope and encouragement for clients to examine recovery in light of this new view of treating dependency and pain. # 15738/0410 33 minutes 2013 \$269.95 CC *SA

***Best-seller!** PRESCRIPTION AND OTC DRUGS: Misuse and Abuse from the

A thorough examination of legal drugs and the pharmacological principles that determine effects, both desired and damaging. Explores the idea that any substance can be a therapeutic drug, a psychoactive drug, or a poison, depending on the dose or interactions with other drugs. Focuses on legal psychoactive drugs, particularly analgesic medications, such as Vicodin and OxyContin, and the difficulties when trying to control pain with drugs. Also recognizes the problems with over-the-counter drugs, including muscle relaxants, cold and cough remedies, diet pills, and herbal supplements and medications. Suggests precautions that can facilitate the safe use of these drugs. #9037/0410 36 minutes 2004 \$209.95 *SA

DARK SIDE OF A PILL (THE)

One in ten adults in the Western world is on antidepressants. These prescription drugs are among the most lucrative products of the medical industry. But the wonder drug has a dark side. Violence and even murders are now being associated with prescribed antidepressants in situations and with people who otherwise show no signs of extreme behavior. This is not a film that is for or against - it is about informed consent and about openly acknowledging the real problems with medicating 10 to 15 percent of the population with a drug that changes the chemistry of the brain with an effect that at times can be overwhelming, even fatal. #15795/0605 58 minutes 2013 \$409.95



BATH SALTS AND OTHER SYNTHETIC DRUGS

Examines readily available designer drugs that can produce powerful highs while exposing the immensely damaging effects such chemicals cause to the brain and other organs when ingested. A police officer, a toxicologist, an addiction counselor, and a recovering addict talk seriously and frankly about substance abuse and its life-wrecking effects in a way that will make viewers take notice, while a what-if dramatization of a young teen who dies of a bath salts overdose will leave viewers thinking about the power of peer pressure - both face to face and via texting.

*Contains scenes of drug abuse and overdose. #15969/0635 45 minute 2014 \$139.95 *CC

KEY TREATMENT & RECOVERY ISSUES

***New!** RECOVERY BASICS VIDEO

People find that almost every aspect of their life is uprooted and disrupted once they begin recovery, and these changes can be radical and far-reaching. Being well prepared during this transition dramatically increases the odds of a successful recovery. RECOVERY BASICS helps smooth that transition by equipping those in recovery with the strategies and tools needed when small choices can have big consequences.

In this engaging video, mental health expert Amanda Klinger, PsyD, LP, from the Betty Ford Foundation discusses six basic topics:

*Starting Your Recovery *Preventing Relapse *Managing Your Day

*Managing Thoughts and Feelings *Building Healthy Relationships *Keeping it Going

Specific techniques that address cravings, triggers, negative influences, conflicting emotions, shame, guilt,

and relapse are presented in a way that is easy to understand. #16142/0795 60 minutes 2016 \$319.95 *CC *SA



***Brand New! MY ONGOING RECOVERY EXPERIENCE**

MORE is an award-winning, evidence-based program created to support clients in the critical months after treatment and move them toward effective self-management. MORE uses core education, guidance and skill-building activities and resources that facilitators can easily use to help clients succeed in initiating and sustaining recovery.

*** This package includes three primary components: Facilitator Guide, Client Workbooks, and the DVD.

The FACILITATOR GUIDE offers simple, step-by-step instruction

making it easy to jump into any MORE lesson and facilitate a positive learning experience with clients.

THREE CLIENT WORKBOOKS (additional copies may be purchased) provide education and skill building on essential recovery topics with activities that demonstrate how to put that guidance into action in their lives. Each workbook includes pocket power resources clients can print and keep for quick reference.

The DVD includes 30 short video clips on topics that complement the lessons in MORE. It also includes two brief audio meditations that can be used to help clients learn to practice meditation as a grounding and relaxation technique.

#16238/0795 DVD (30 short clips) with Facilitator's Guide and 3 Client Workbooks 2018 \$359.95 *CC

***New! HEALTHY SEXUAL RELATIONSHIPS IN RECOVERY**

Oftentimes people in recovery struggle with relationships, and sexual relationships can present some of the biggest challenges. This program offers advice from experts who address three distinct areas:

*Physical Sexual Health addresses sexually transmitted diseases, infections, exams, and pregnancy.

*Mental Sexual Health deals with a person's security, trust of others, self-image, and confidence when it comes to making healthy choices.

*Abuse explains the different forms and cycles of abuse, healthy boundaries, safety, and self-care, and the next steps in regaining empowerment after abuse.

Ideal for a variety of settings including treatment centers, mental health centers, and correctional facilities, this video series can help those in early recovery overcome some of the basic challenges of recovery and increase their chances of living a healthy life.

#16144/0795 110 minutes 2016 \$319.95 *CC *SA

***New! THE RELAPSE PREVENTION PROGRAM: An Evidence-Based Approach**

The urge to use alcohol or other drugs can be triggered by many factors, including work-related stress, family problems, mental health disorders, physical pain, and social or environmental events. Any one of these risk factors can set off a relapse. Based on G. Alan Marlatt's widely used, evidence-based protocols, The Relapse Prevention Program (formerly titled Relapse Prevention Skills: Helping Clients Address High-Risk Factors) helps clients identify high-risk situations, work on responses and coping skills, and explore lifestyle factors that may increase vulnerability. By following this model, clinicians can customize a program based on each client's unique needs and minimize the risk of relapse. Ideal for use in a variety of settings, this nine-unit program can be used in either individual or group sessions. It can be used as a stand-alone program or as a supplement to an existing program. This program includes this facilitator guide, client guides and worksheets on a CD-ROM, and a video that demonstrates successful ways to address common and critical risk factors that can lead to relapse.

#16155/0795 23 minutes 2016 \$339.95 *CC *SA

***New! CONFIDENT PARENTING IN RECOVERY**

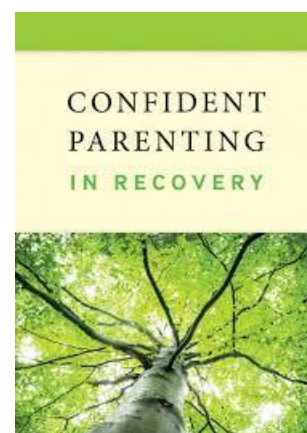
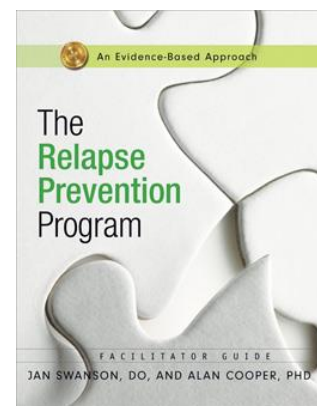
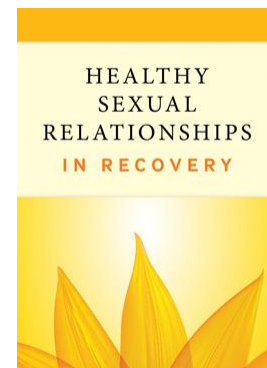
Oftentimes people in recovery are trying to be the best parent possible, without the benefit of strong family support or role models. This program offers advice and tools from educators, counselors, and parents who have unique perspectives because they too have struggled with the same parenting challenges. *Topics include:*

*Discovering your parenting style *Exploring stages of child development

*Setting boundaries *Learning the roles of mother, father, and caregiver

*Parenting while navigating through trauma

*Teaching better behavior through motivational strategies
Ideal for a variety of settings including treatment centers, mental health centers, and correctional facilities, this video series can help those in early recovery overcome some of the basic challenges of recovery and increase their chances of living a healthy life. #16143/0795 40 minutes 2016 \$319.95 *CC *SA



***New! RECOVERY HUMOR 101 CLINICAL SET**

This program offers a fresh approach to addiction and recovery, based on techniques Mark Lundholm has developed over 25+ years in recovery, supported by the latest evidence-based research and best practices in addiction treatment. The DVD and Recovery Workbook cover many important topics, including First Thought Wrong, Friendships and Relationships, Shame and Numbing, and Dealing with Feelings of Healing. The 40 minute DVD contains all new material written, produced and filmed specifically for this product. The 70 page, full-color workbook is filled with full color, original illustrations, more than 70 exercises, and provides tools and roadmaps to help those struggling with addiction to achieve and maintain recovery.

*Includes the RECOVERY HUMOR 101 DVD

*Includes a CD that has a digital version of the workbook materials and gives duplication rights for your facility

*Includes the 70-page, full-color RECOVERY HUMOR 101 WORKBOOK

#16215/0370 40 minutes with CD and WORKBOOK 2017 \$409.95

*** SEE ALSO the new game RECOVERY BINGO #16216 with Mark Lundholm \$99.95

***Best Seller! HUMOR IN TREATMENT with Mark Lundholm**

What's funny about a DVD on addiction recovery? Everything! In what could be the most uplifting 90 minutes ever spent in drug and alcohol rehab, HUMOR IN TREATMENT is at once familiar, edgy and ripe with optimism. As one program director says, Lundholm uses humor to disarm us - we see our pain and self-destructive behavior - and that we can progress to a new life. An indispensable tool for any counselor or client in a drug and alcohol rehab program. Funny. Raw. Inspiring. Get one of the best addiction treatment tools around! In three sequential phases: **GETTING HERE** – How you ended up in treatment; **BEING HERE** – What you need to do in treatment; and, and **LEAVING HERE** – Where you go after treatment is up to you. The series supports the therapeutic rehabilitation of people in addiction treatment. #13904/0370 90 minutes 2007 \$209.95

ADDICTED LIVE! A Comedy of Substance with Mark Lundholm

This is a hilarious and unexpectedly moving view into one man's journey down the rabbit hole of bad choices, wrong places, and insurmountable obstacles and the transformation that ultimately pulled him out... or did it? Lundholm's autobiographical comedy is a full throttle, heart-pounding and wildly entertaining ride - looking at all our addictive tendencies - from alcohol, suicide, sex, and drugs to coffee, work, food, the internet and golf! For "healthy people" and "the rest of us" addicted to ANYTHING, Lundholm's "been there", "drank that" style of humor grabs the laughter and the tears of living versus simple survival. #15752/0370 85 minutes 2011 \$109.95

***Best-seller! THE FAMILY IN TREATMENT with Mark Lundholm**

Takes direct aim at some of the most challenging beliefs, behaviors, and barriers facing the recovering addict and his or her family. With presentations intended for separate viewing by the addict, the family members, and for both addict and family together, this engaging, humorous, and yet powerful presentation addresses many of the most difficult issues that often stand in the way of achieving and maintaining sobriety. Fully 240 minutes of treatment material;

Part 1: The Addicted (2 DVDs)

Mark works with addicts in treatment and in various stages of recovery.

Part 2: The Affected - the Family (2 DVDs)

Mark works with family members of addicts, both currently in treatment and in various stages of recovery.

Part 3: The Connected - Family and Addict Together (3 DVDs)

Mark brings family members and addicts together to interact and share what they've learned.

#15299/0370 Three Parts on 7 DVDs total 240 minutes 2013 \$379.95

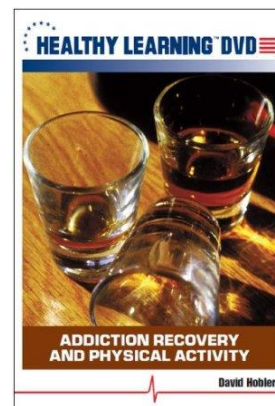
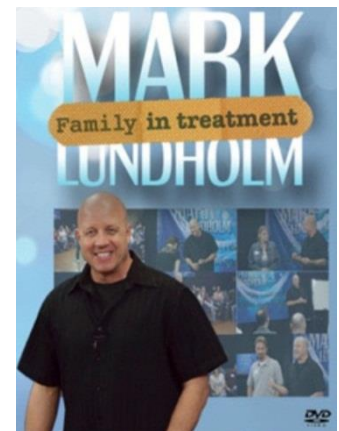
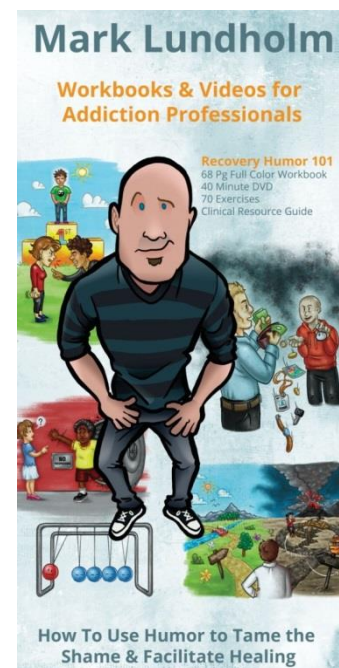
***Best seller! ALCOHOL AND ITS EFFECTS**

This comprehensive video provides the latest scientific, medical and psychological information on alcohol and its addictive qualities. Describes the effects based on blood alcohol levels and length of use. Graphics, animation, and brain scans are used along with detailed explanations from top alcohol researchers, treatment professionals, and recovering users. The neurochemistry of tolerance and withdrawal; emotional and physical reasons for drinking and craving; genetic and environmental contributions to alcoholism; causes for different levels of drinking (e.g. binge); social effects of drinking (e.g., DUI, violence); effects on the developing fetus (e.g., FAS & FAE); treatment and recovery strategies are all dealt with in detail.

#7407/0410 60 minutes 2001 \$269.95

ADDICTION RECOVERY AND PHYSICAL ACTIVITY

Addiction recovery is not just about abstinence. Rather, it is about adhering to a healthy lifestyle - one that guards against relapse and promotes biologic wellness. The logic of the body is to move, because a physically active lifestyle helps to guarantee the organic balance essential for a comfortable and functional recovery. This program explains how a moderate level of daily physical activity can help insure the occurrence of this natural phenomenon. #14576/0463 66 minutes 2008 \$119.95

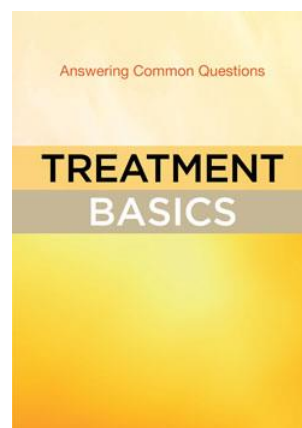


***Brand New! TREATMENT BASICS**

Featuring interviews with both experts and people who have experienced treatment themselves, TREATMENT BASICS gives clients and their loved ones a better understanding of what to expect throughout substance use disorder treatment. Created to work with both adults and young adults, this engaging video includes the following chapters:

1. Do I Need Help?
2. What Kind of Help Is Available?
3. What Will Withdrawal Be Like?
4. How Can I Be Successful in Treatment?
5. How Do I Take Care of Myself While My Loved One Is in Treatment?
6. How Can I Support My Loved One in Treatment?

This video can complement an existing curriculum, or each chapter can be used independently. The accompanying flash drive contains a facilitator guide--which includes background information, preparation instructions, discussion questions, and additional activities - and client fact sheets to create dynamic learning sessions in either one-on-one or group settings. TREATMENT BASICS is ideal for use in a variety of settings, including in interventions, primary care settings, correctional settings, educational settings, community groups, and therapeutic settings focused on substance use disorder treatment. #16239/0795 90 minutes 2018 \$309.95 *CC

**HOPE FOR THE ALCOHOLIC: Scientific Breakthroughs**

Alcoholism is a chronic medical disease of the brain, and, as with many other chronic diseases, it requires lifestyle changes, psychological and nutritional counseling, and medication to be most effectively treated. This program features the latest research that explores the differences between the brains of alcoholics and the brains of social drinkers. It shows why a comprehensive approach to treating alcoholism is the best way to get the disease under control. The benefit of support groups like Alcoholics Anonymous is highlighted, and patients' stories offer hope to those who are dealing with alcohol addiction and alcoholism. #15343/0635 27 minutes 2010 \$179.95 *CC

ISSUES OF RECOVERY with Claudia Black

What constitutes a traumatic experience and what consequences can these experiences have? Control, rage, victimization, depression, perfectionism, procrastination, and addictive disorders are pervasive issues that sabotage recovery - be it recovery from family issues or addiction. More and more recognition is being given to the realities of life after trauma and how the 'stress' can manifest itself in so many different ways for so many people. Claudia Black has been a leader in this field for decades and here shares her accumulated depth of knowledge. #9864/0110 36 minutes 2005 \$229.95 *SA

GETTING OUT OF THE GAME: The Trap of Drug Dealing

Features a support group for people in recovery who face the temptation to return to dealing. Led by former drug dealers now working as professionals in addiction treatment, the group grapples with real life issues such as relationships with old friends, financial stress, the illusion that they can deal without using, and the false belief that this time they won't get caught. The group also shares the many techniques and tools that have helped them stay out of the game. #9173/1805 35 minutes 2004 \$269.95 *SA

POST ACUTE WITHDRAWAL (PAW)

This popular series by Jan Black, Terence T. Gorski, and Daniel J. McEachern has now been re-mastered with a Dolby Digital 2.0 soundtrack and a fresh new look. **Part 1: RECOGNITION** and **Part 2: MANAGEMENT** are on the same interactive DVD. Post-Acute Withdrawal (PAW) is caused by the long-term aftereffects of chronic alcohol and drug poisoning on the brain. Many recovering people suffer from PAW and don't know it. Terry Gorski, an internationally recognized expert on relapse prevention, and Jan Black, a counselor specializing in relapse prevention therapy, discuss methods for recognizing and managing PAW. These presentations are powerful and informative and need to be seen by all chemically dependent people, their families, and the professionals who treat them. This program is appropriate for use in patient and family educational programs, staff training, and community awareness programs. #13571/0815 Two parts on one DVD 2008 \$339.95

STRATEGIES FOR SOBRIETY: A Clinical and Behavioral Approach to the Problem and the Solution of Chemical Addiction

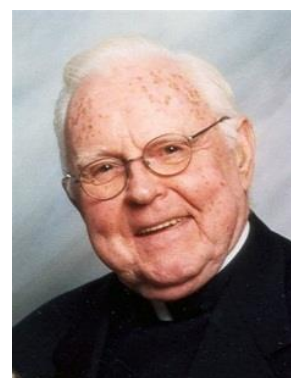
This program featuring Bill Loving - psychiatrist and specialist in Addiction Medicine - is for patients, their families, counselors, and health care workers who are dealing with alcoholism and drug addiction. Dr. Loving explains why these are referred to as diseases. He clearly discusses how the brain is affected and how the reward center of the brain is "hijacked". He also gives practical, effective, and hopeful guidance for dealing with the problem. #13216/1420 80 minutes 2009 \$269.95 *SA

THE FATHER MARTIN DVD COLLECTION

For more than 35 years Father Martin has represented a keystone in the arch through which millions of people have passed on their road to recovery. Author of several publications and the recipient of many awards, Father Martin's firm belief was that education on the disease of addiction can be a vital step in recovering from it.

AM I MY BROTHER'S KEEPER?**CHALKTALK ON ALCOHOL (#9164 \$69.95)****ONE DAY AT A TIME****PRAYER THE PATH TO GOD'S WILL****RECOVERY AND THE FAMILY****RELAPSE****STEP ONE, TWO, THREE****STEP FOUR AND FIVE**

#2410/0990 Fifteen DVD programs Collection \$529.95

SYMPTOMS OF ALCOHOLISM**SYMPTOMS OF SOBRIETY****VALUES AND RECOVERY****RECOVERY & FORGIVENESS****GOING HOME****GRATITUDE****PROMISES OF AA**

RECOVERY ISSUES SERIES with Earnie Larsen

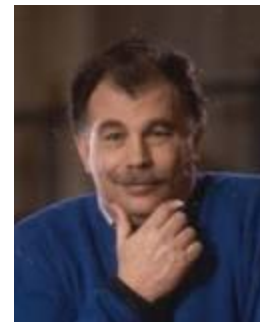
Be prepared!!! Which specific issues most commonly cause questions and problems to arise in a recovery program? Earnie Larsen delves deeply into each of these major disruptors in this series.

Part 1 - ON FAMILY ISSUES **Part 2 - SEEKING AND FINDING YOUR HIGHER POWER**

Part 3 - DOING A 4TH AND 5TH STEP

Part 4 - UNRESOLVED ANGER & HOW RESENTMENT BLOCKS RECOVERY **Part 5 - RELAPSE**

#9870/1295 Five 35-minute programs 1989 \$269.95 each or series \$1,149.95 *SA



STAGE II RECOVERY SERIES with Earnie Larsen

What happens after "clean and sober"? Helping recoverees to reconstruct a life after addiction (Stage II Recovery) has been the focus of Earnie Larsen's career. In this foundation series of four 30 minute programs Earnie explains the important elements on which the success of a continuing recovery program depend:

Part 1 - UNDERSTANDING THE BASICS OF RECOVERY

Part 2 - IDENTIFYING SELF-DEFEATING LEARNED BEHAVIOR

Part 3 - RELATIONSHIPS

Part 4 - WORKING A PROGRAM

#9180/1295 Four programs 1985 \$269.95 each or Series \$679.95 *SA



THREE-HEADED DRAGON (Original Version)

This film exposes the three-fold barrier to recovery from alcoholism - DRINKING/THINKING/FEELINGS. The "Three-Headed Dragon" concept motivates the alcoholic to stop drinking and change "self" rather than people, places, things to recover. #10718/0650 26 minutes 1979 \$179.95 *SA

THREE-HEADED DRAGON: A Model of Chemical Dependency

One of the most widely utilized recovery resources in history has been updated and revised in this production. Delivered in Chuck Brissette's plain speaking, meaningful, and effective message to help recoverees understand the true depth of addiction and how to get themselves out of it. The "three headed dragon" is a model of chemical dependency specifically designed to help recovery candidates see that their problem is considerably more than alcohol or some other drug, that chemical dependency is more than a physical disease. #7846/2145 32 minutes 2004 \$209.95

MEN IN RECOVERY

Many men in treatment for addictions are seriously hampered in their recovery efforts by their "manly" perceptions of themselves and their role in society. Is it toughness and strong individuality, or is it anger, shame and a fear of commitment that defines them? Viewers get a new perspective on manhood and tools to help them overcome these limitations. #10914/0795 28 minutes 2003 \$139.95 *CC

***** See also GUYLAND: Where Boys Become Men - on Page 1**

LEADING COUNSELING GROUPS WITH ADULTS: A Demonstration of the Art of Engagement

Facilitating successful group therapy is a delicate balancing act - and without the proper preparation, it can easily go awry. Keeping group members engaged, interspersing psycho-education where appropriate, and managing cross-communication are just a few of the pressing issues that effective leaders must understand. In this comprehensive video, Drs. Ed Jacobs and Christine Schimmel demonstrate these skills and more as they co-facilitate a counseling group for eight women on a wide range of issues including divorce, addiction, anxiety, and parenting. #16104/1745 177 minutes 2015 \$219.95 *Includes Manual *CC

***Best Seller!** ADDICTIONS: Getting In / Getting Out ***Canadian!**

This four part video is an exploratory journey through the whole process of addiction from five individuals who have made the trip and offer their insight to help others avoid the pitfalls.

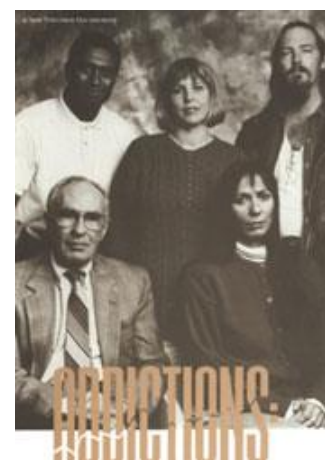
Part I - GETTING IN describes their initial exposure to their drug of choice and what it did for them; how tolerance and compulsion began to take hold; how their activities began to affect their life skills, self-image, psychological and social activity.

Part II - INTERVENTION talks about their own realizations of bottoming out and the guilt, denial and anger that began to reach critical dimensions in their relationships with others.

Part III - TREATMENT is a safe place to ask, "What happened?" Self-examination is getting in touch with your feelings, regaining control of a life that has become unmanageable, building up the reserves and support that will give the opportunity to learn a functional lifestyle.

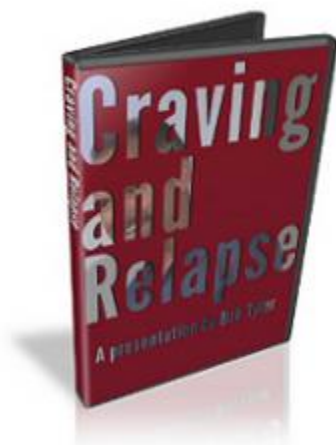
Part IV - RECOVERY deals with finding the spiritual strength to deal with the real world and overcome emotional dysfunction. Each of the five people offers advice including belief in self, understanding that others have overcome, and the need to seek help to make it.

#4273/0525 57 minutes 1993 \$179.95 *SA



***Companion Program!** ADDICTIONS: Getting In/Out Counselling Issues

This companion video to ADDICTIONS: GETTING IN GETTING OUT features interviews with addictions counsellors intercut with dramatic vignettes of a series of counselling sessions. Topics deal with cover: Assessing the Problem; The Therapeutic Approach; Working with the Family; Women in Treatment: A Special Note; The Treatment Process; Recovery. #3727/0525 24 minutes 1995 \$79.95

***New!****CRAVING AND RELAPSE PREVENTION with Bob Tyler**

Based on the time-tested Gorski Model of relapse prevention, this DVD captures all the energy and enthusiasm of the presentation Bob Tyler has been doing for over 25 years in universities, treatment programs, and conferences! Consistent feedback regarding his effectiveness in this Gorski-influenced relapse prevention information inspired Bob to create this DVD. He takes Gorski's masterful information and refines it in a way that is especially useful in educating patients in treatment centers on the behaviors which lead alcoholics and addicts into the craving cycle. *This insightful video discusses the following aspects of the Craving Cycle and Relapse Prevention:*

- *How to identify set-up behaviors and trigger events
 - *How to avoid entering the craving cycle
 - *How to deal with Euphoric Recall
 - *Utilizing 12-step programs to stay sober
- #16219/0370 25 minutes 2017 \$209.95

***New! INGREDIENTS FOR RECOVERY with Bob Tyler**

Sober since 1988 and working in recovery for over 20 years, Bob operates an addiction private practice, provides consulting services to treatment programs, is an accomplished speaker, and teaches in the Alcohol and Drug Studies Program at Loyola Marymount University Extension. He is also Past President of the California Association of Alcoholism and Drug Abuse Counselors (CAADAC). Given the chronicity of addiction and the temporary nature of formal treatment, it is essential that clients learn how to maintain recovery after discharge. Additionally, many people needing treatment are not able to access it and don't know where to turn. This DVD addresses both of these issues. After briefly discussing the disease model and identifying the common symptoms of addiction, Bob provides simple and specific instructions on how to utilize 12-step programs in building and maintaining long-term recovery. Viewers are also aided in leaping any hurdles of resistance by addressing the common myths and difficulties about utilizing such programs. #1621/0370 34 minutes 2017 \$209.95

ONE ALCOHOLIC TO ANOTHER: Demystifying AA

How did Alcoholics Anonymous begin? What influences shaped it into the worldwide, support-focused organization it is today? And what goes on inside a typical AA meeting? This program follows a quest for answers. #14474/0635 40 minutes 2011 \$209.95

DISCOVER THE TWELVE STEPS

In this powerful video - real men and women in recovery - not actors - discuss how working a Twelve Step program has helped them in their recovery journey. Viewers will learn - *What a Twelve Step group is *How to find a home group *What happens during a Twelve Step meeting *What to expect at the first meeting *How to find a sponsor. Each of the Twelve Steps is explained by people who candidly share their personal stories about how working the Steps has helped them live one day at a time and stay clean and sober. #15855/0795 56 minutes 2014 \$519.95 *CC

**THE LIVING "MAINTENANCE" STEPS 10, 11 and 12**

This presentation is about "The Living Steps" and how to use them in your Sober Life, after you have done Steps 1 thru 9, with your Sponsor and are now ready to begin living life "one day at a time" with Steps 10, 11 and 12. **These are the "maintenance" steps**, the steps we take or practice on a daily basis if we are truly "practicing these principles in all our affairs". It is by continuing to take a daily inventory, continuing with a daily prayer and meditation practice and continuing to help other alcoholics continue to grow along spiritual lines and keep ourselves fit to be of service to God and those about us. By practicing steps 10, 11 and 12 we are exercising our new-found spiritual muscles.

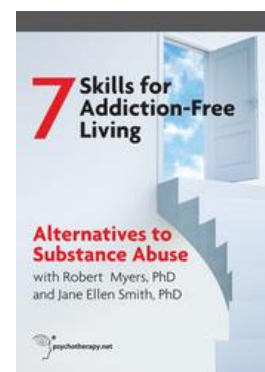
#15908/0223 28 minutes 2014 \$139.95 *SA

***Best-seller! SEVEN SKILLS FOR ADDICTION FREE LIVING**

Recovery from drug or alcohol abuse is a challenging endeavor that benefits from continued support and education. This series takes a group of people in recovery through a set of exercises targeted at increasing competence in areas such as assertiveness, problem solving, social skills, stress management, and more. Geared primarily towards people in recovery as well as their family members and loved ones, it is also an excellent resource for educators and trainers in addiction counseling programs, as well as staff at recovery treatment centers.

- | | |
|--|------------------------------------|
| 1. ALTERNATIVES TO SUBSTANCE ABUSE (114 minutes) | 2. ASSERTIVENESS (110 minutes) |
| 3. BEHAVIORAL SELF-CONTROL (114 minutes) | 4. MANAGING EMOTIONS (117 minutes) |
| 5. PROBLEM SOLVING (116 minutes) | 6. SOCIAL SKILLS (112 minutes) |
| 7. STRESS MANAGEMENT (116 minutes) | |

#14745/1745 Seven programs 2009 \$159.95 each or Series \$979.95




THE VOICE OF ADDICTION SERIES

This series is ideal to help people struggling with substance abuse understand and apply addiction recovery principles in a simple, fun and unforgettable format. Each video integrates the insights of recovering people, input from Saul Selby (previously the Clinical Director at Hazelden) and Slick, an animated puppet that represents the addicted voice to help viewers gain insight into their own self destructive thinking process.

- 1) **DENIAL RECOVERY** - Viewers will understand what denial is, why addicts deny their addiction and how to overcome denial.
- 2) **CROSS-ADDICTION AND RECOVERY** - Viewers will understand the common temptation to substitute one addictive substance for another and help them recognize the importance of avoiding all mood altering chemicals including alcohol and marijuana.
- 3) **MOTIVATION AND RECOVERY** - Most addicts in early phases of treatment and recovery lack the level of motivation needed to stay drug free. Explores the role of motivation in addiction and recovery. Helps viewers understand why motivation is important, and how to develop and increase their motivation to make changes need to recover from addiction.
- 4) **RELAPSE PREVENTION** - Viewers will understand how to anticipate and manage cravings and triggers that cause relapse.
- 5) **AM I AN ADDICT?** Many addicts deny their problem because they define addiction in ways that don't parallel their using pattern. Learn the seven DSM criteria for dependence as well as criteria for substance abuse so they can recognize them in themselves.
- 6) **RELATIONSHIP RECOVERY** - Perhaps the most important task for people in early recovery is to avoid their 'using' friends and develop new 'healthy' friends. #12350/1905 Six 20 to 30-minute programs 2009 Six-Pack \$269.95 *SA

Meet Slick:
The Voice
of Addiction



RELAPSE: Illusion of Immunity with Dr. Claudia Black

Preparing clients to meet the challenges of recovery and especially RELAPSE is Claudia Black's goal in this video. 70% of all chemically dependent people will experience relapse and often more than once. Claudia uses the analogy of the sinking Titanic, "the ship that couldn't sink", to make her point that simple-minded optimism is not enough to keep one's recovery afloat. She explains the four "icebergs" that often cause the ship of recovery to founder: Overconfidence, Control, Fear of Feelings and Secrets. This relapse prevention training video that will help clients get ready to meet the real challenges of recovery. #5864/0110 0110 35 minutes 1998 \$209.95 *SA



RECOVERY: A Developmental Model by Terence T. Gorski

This series based on the Gorski-CENAPS Model presents comprehensive research on what people do to successfully recover from addiction. It is designed to guide viewers through a process that allows them to understand the recovery process, build a foundation for successful recovery, and create a quality recovery that will support sober and responsible living in all stages of life development.

THE RECOVERY PROCESS 33 minutes

BUILDING A FOUNDATION FOR RECOVERY 42 minutes

CREATING QUALITY RECOVERY 35 minutes

#13415/0815 Three programs 33 to 42 minutes each on one DVD 2002 \$349.95

RELAPSE SERIES by Terence T. Gorski

In this dynamic series, Terry Gorski explains basic information about how to prevent and manage the problem of relapse. Relapse is a common problem that threatens the recovery of nearly two-thirds of all addicted people who attempt to stop using alcohol and other drugs. This powerful series of three programs explains in clear and easy-to-understand language the basic principles of relapse prevention, the common warning signs that lead from stable recovery to relapse, and how to establish a relapse prevention and relapse management plan.

1. **BASIC PRINCIPLES** 29 minutes 2. **RELAPSE WARNING SIGNS** 33 minutes 3. **MANAGING RELAPSE WARNING SIGNS** 46 minutes

#13420/0815 Three programs on one DVD 2003 \$349.95

***** SPECIAL!!! Get BOTH titles below for only \$349.95!!!**

WHAT MADE ME STOP DRINKING: Four Stories ***Canadian!**

An intimate and revealing look into the lives of people who are addicted to alcohol. Four very different individuals tell their stories ... all four finally faced a brutal reality - that their lives and health were falling apart. The stories are brought to life by personal interviews with the four subjects and with Susan Diamond Potts - M.A., RCC, who holds a masters in clinical psychology and who specializes in treating alcohol addiction. #14480/1076 32 minutes 2012 \$189.95 *SA



What Made Me Stop
DRINKING:
Four Stories

HOW I STOPPED DRINKING: Four Stories Continued ***Canadian!**

A follow-up to "What Made Me Stop Drinking", this program investigates how those same people - recovering alcoholics - actually managed to stop drinking. They took different routes and found their own sources of support. The central message of this program is that it is possible to stop and to rediscover life without alcohol. Features Susan Diamond Potts - M.A., RCC - a clinical psychologist specializing in addiction treatment. "Addiction is cunning, baffling, and powerful. People have to have enough resources to support their recovery." #14605/1076 27 minutes 2012 \$189.95 *SA



***New! THE BOB TYLER COPING WITH EMOTIONS SERIES (4 DVDs)**

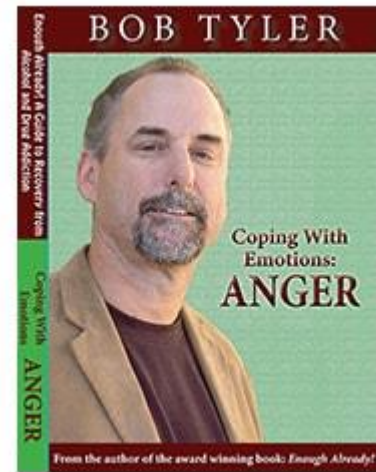
Sober since 1988 and working in recovery for over 20 years, Bob operates an addiction private practice, provides consulting services to treatment programs, is an accomplished speaker, and teaches in the Alcohol and Drug Studies Program at Loyola Marymount University Extension. He is also Past President of the California Association of Alcoholism and Drug Abuse Counselors (CAADAC) and author of the EVVY Award-winning book: ENOUGH ALREADY! A Guide to Recovery from Alcohol and Drug Addiction. This COPING WITH EMOTIONS series deals with the emotions involved in addiction recovery.

Coping with Emotions: ANGER

Learning to cope with anger is vital in recovery. Unprocessed anger, which often leads to resentment, is a leading cause of relapse. Following a brief education on important aspects of anger and resentment, this presentation introduces viewers to a variety of practical anger management tools. Viewers also learn which of these tools can be used to calm rageful anger, clearing the way to use other tools to process and uncover its true source.

Coping with Emotions: BUILDING SELF-ESTEEM

This DVD provides drug addiction help to recovering addicts by focusing on overcoming addiction through self esteem building steps. In this revealing presentation, Bob defines self-esteem, illustrates its common roots in people's lives, and describes the tendency to seek positive regard from one's environment when it is unattainable from within. He then provides proven self-esteem building techniques that counteract this seemingly hard-wired state. Practical application of these techniques is also provided, teaching viewers they can derive good feelings about themselves from within. Building self esteem and drug addiction recovery go hand in hand ... as you will see in this DVD!



Coping with Emotions: GRIEF

Using an analysis of Elizabeth Kubler Ross' 5 Stages of Grief, Bob describes the path from denial to acceptance regarding loss in general, and the loss experienced when the addicted must say good-bye to their drug of choice.

***Bonus Segment – Fear: "Turning it Over"** - Bob discusses the power of fear that keeps addicts and alcoholics wrapped in their addiction. Tools and methods are presented that can be utilized to break the bondage of fear. This talk has the added benefit of providing hope and guidance for those struggling with the idea of a Higher Power.

Coping with Emotions: SHAME

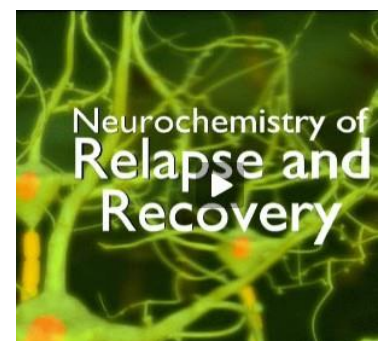
"In this emotional and thought-provoking presentation discussing Shame and drug addiction treatment, Bob provides recovering addicts and alcoholics essential tools for "mastering" shame and taming the "Shame Monster." Along with identifying roots of shame, he addresses the use of treatment groups and outside sober peers to process and challenge shame while gaining support to cope with it. Feeling, tolerating and working through uncomfortable emotions are vital in recovery from addiction. The goal of this series is to educate and provide viewers recovery tools to aid in coping with these emotions.

Series #16217/0370 Four programs 2017 \$189.95 each or Series \$759.95

NEUROCHEMISTRY OF RELAPSE AND RECOVERY

An amazing program from the producers of UPPERS, DOWNERS! The reasons that people give up their compulsive use of psychoactive drugs vary, but they almost always include survival! This program explores the phases of recovery - detoxification, initial and long term abstinence and recovery.

#12399/0410 30 minutes 2009 \$269.95 *CC



A WAVE OF COMPASSION: Spirituality and the Recovering Addict

What does it mean to be a "functioning" alcoholic? How does it feel to struggle with substance abuse day after day? What keeps addicts from truly recovering? This program explores such questions from a range of unconventional viewpoints, creating an honest look at addiction that avoids judgmental or strictly clinical approaches. The challenges of recovery are also discussed by several experts: a physician, a psychologist, a nutritionist, and a social worker - while unique and insightful commentary is provided by a Native American shaman, a stand-up comedian, and other voices of reason and personal experience. #12172/0635 47 minutes 2007 \$209.95 *CC

WELCOME TO TREATMENT

"A great way to help our patients prepare for treatment. I wish we had something like this a long time ago." Richard Beyers, CADC - Alta Bates Medical Center, Los Angeles, CA

A concise explanation for new patients of what to expect from their treatment experience. Outlines the basic modules of treatment: education, one-on-one counseling, group and family sessions, 12 Step indoctrination and aftercare. Just as important, it stresses what is expected from the patient in return. A clear and frank guide to ease any anxiety and misunderstanding for those entering the treatment process.

#13449/1835 12 minutes 2010 \$169.95 *SA



TRIGGERING EFFECT by Claudia Black Ph.D.

For those in recovery from any addiction, preventing relapse depends on recognizing and avoiding specific 'triggers'. Claudia Black helps viewers to understand what 'triggers' are and, more specifically, to identify their own.

#12316/0110 36 minutes 2009 \$229.95

THE TWELVE STEPS

"PURCHASE RECOMMENDED. Especially noteworthy."

This is a sensitive, dramatic interpretation of the program that has helped millions of individuals and their families touched by alcoholism, drug addiction, overeating, gambling & other life-stress problems. #10562/1835 35 minutes 1986 \$89.95 *SA

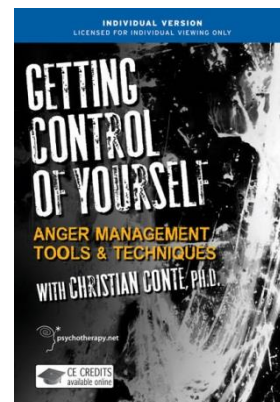
ANGER & SUBSTANCE ABUSE

***Best-seller!** ALCOHOL AND MEN'S VIOLENCE AGAINST WOMEN

While alcohol contributes to factors which may lead to violence against women, research shows that it is not the actual cause of violence against women by men. This program profiles four women who survived severely abusive relationships and offers additional insights from professionals in such areas as domestic violence, alcohol abuse, and law enforcement. #15505/2055 60 minutes 2011 \$229.95 *SA

***Best-seller!** GETTING CONTROL OF YOURSELF: Anger Management Tools and Techniques

Watch anger management expert, Christian Conte, PhD, present his comprehensive and practical theory for treating - and healing - even the most violent offenders. You will learn about the neurochemistry of anger, how to recognize your client's personal anger-types, and how to help them master antidotes to each. In addition, you will become skilled at helping clients recognize their triggers, detach from their thoughts, and use their self-awareness more effectively. #15467/1745 75 minutes 2012 \$209.95



ANGER AND TRIGGERS SET

Father Martin himself called Bob Francis "a modern day Father Martin"! His clear and friendly style promotes good will and positive expectations. This may be just the message your clients need to hear right now. In the first program of this set - **ANGER MANAGEMENT** - Bob teaches how we can learn to "drive our anger" instead of letting it drive us. In the second program - **TRIGGERS** - Bob explains how to associate any trigger that brings on destructive behavior with something positive instead. #15310/0223 Two programs on one DVD 26 minutes 2012 \$179.95 *SA

THE ANGER BLUEPRINT ***Canadian!**

This program dramatically teaches responsible Anger, Boundaries and Safety. Based on a three-day workshop facilitated by acclaimed speaker Dr. Joann Peterson, M.S.W., A.C.S.W., Dip.C., Ph.D., this video follows twelve participants as they discover the physiological roots of anger, how to separate anger from violence, communicate boundaries, and create safety in their relationships.

#11807/0825 90 minutes 2007 \$189.95

***See also THE ANGER WORKSHOP SERIES –A Canadian Production!**
This comprehensive toolkit consists of thirteen broadcast quality programs on 3 DVDs with a 26-page Facilitator Guide and Exercise Book. \$499.95



THE HAVEN
Learning Library

THE ANGER TOOLBOX
A Blueprint for Responsible Anger, Boundaries & Safety



ANGER VIDEO (THE) with Claudia Black

Claudia Black explains the various types and forms of anger and clarifies that anger - just like other addictions - can be a build-up of tolerance, loss of control with negative consequences, and an inability to stop. Dr. Black guides the viewer through a recovery process.

#7441/0110 28 minutes 1997 \$199.95 *SA

ANGER: Myths and Truths about the Emotion

Is venting one's rage really healthy? Do age, gender, and self-image have any connection with anger problems? Has our society become inherently angry? This ABC News program explores the psychology and sociology behind the most dangerous of emotions.

#12459/0635 30 minutes 2007 \$189.95

***Best-seller! WHY ARE YOU SO ANGRY?!**

Explores both the cause and effect of anger, from its roots to the final stage of dealing with the aftermath. Reveals the important roles hereditary, cultural and environmental influences play in the development of a particular style of expression or repression. Four dramatic sequences of the ways that people deal with anger destructively both to themselves and others are shown.

#6954/1835 33 minutes 1992 \$269.95 *SA

**PULLING PUNCHES: A Curriculum for Rage Management**

Anger that is unresolved or uncontrollable is a significant problem in the recovery process for many people in treatment for alcohol and drug addictions. This series explains that terms like denial, tolerance and enabling are applicable to anger as well as to addictions and that treatment for this anger must be undertaken seriously for recovery to occur. Series purchase includes Counselor's Guide, Handouts and Client Worksheets

UNDERSTANDING YOUR RAGE

TOOLS FOR MANAGING ANGER (also sold separately #10516 \$269.95)

ANGER REDUCTION AND LONG-TERM CHANGES.

#9131/1805 Three 35 minute programs 2002 Series \$669.95 *SA

D.W.I. / D.U.I.

*** See also in this catalogue ...

THINK ABOUT IT: Choosing to Drink and Drive ... for Teens and Youth

**DUI/DWI: Make This One Your Last One DVD & CD-ROM**

Without using scare tactics or value judgments, this important video connects with adult DUI offenders in a way that scare tactics and lectures can't. Explains the danger of drinking and driving, and suggests action steps and contingency plans to prevent future offenses. This is an important tool for community-based corrections programs, driver's education programs, and alcohol prevention programs. *Includes expanded facilitator's guide with reproducible worksheets. #10747/0795 18 minutes 2010 \$149.95 *CC

REFLECTIONS IN THE REAR VIEW MIRROR: Moving on from a DUI

A great series of five videos covering a number of aspects of impaired driving. Designed to help facilitate group interaction by encouraging members of a group to discuss their own experience driving under the influence of alcohol and/or drugs.

HOW I GOT MY DUI - Individuals who were cited for driving under the influence share their experiences along with perspectives from law enforcement personnel 18 minutes

COSTS AND LOSSES - An examination of the short and long term consequences - both financial and personal. 15 minutes

PHYSIOLOGY - Presenting the physical and mental effects of alcohol and other drugs on the ability to drive. 16 minutes

LEVELS OF USE - An explanation of the seven levels provides a frame work for group members to judge their own level. 16 minutes

HOW MY LIFE CHANGED FOR THE BETTER - For many a DUI serves as a wake-up call to rethink. 9 minutes

#15572/0410 Five parts total 74 minutes 2013 \$399.95 *CC *SA

WOMEN & SUBSTANCE ABUSE***New! BEYOND TRAUMA: A Healing Journey for Women**

This package is an evidence-based, twelve-session curriculum designed to help women and girls recover from the effects of trauma in their lives

The **FACILITATOR TRAINING VIDEOS** (232 minutes total) are designed to provide instruction on how to successfully deliver the BEYOND TRAUMA program and elaborates on the information provided in the guide by giving additional explanations, examples, and live demonstrations of many of the exercises.

The **CLIENT EDUCATION VIDEO** (99 minutes) can be used in several sessions of the BEYOND TRAUMA program and features presentations of core concepts by Dr. Covington in easy-to-understand language. This video also features women who have personally experienced trauma in their lives. Their experiences will strengthen and empower your clients, and let them know they are not alone.

*** Dr. Stephanie S. Covington is a nationally recognized clinician, author, organizational consultant, and lecturer. She has developed an innovative, gender-responsive, and trauma-informed approach to the treatment needs of women and girls that results in effective services in public, private, and institutional settings

#10915/0795 FACILITATOR and CLIENT VIDEOS 2016 \$539.95 *CC



*** See also in this catalogue ... **Brand New!** **MOVING FROM TRAUMA-INFORMED TO TRAUMA-RESPONSIVE: A Training Program for Organizational Change**

A MOTHER'S CHOICE (First Nations) *Canadian

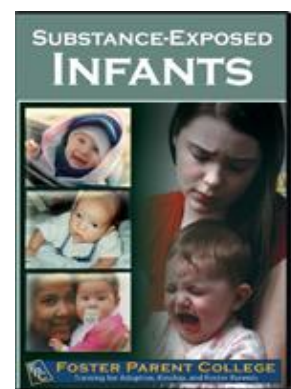
This video aims directly at informing First Nations women of the damage and suffering that can result from the long term effects on the fetus due to alcohol consumption during pregnancy. Focuses on an FAS support group whose members provide strong messages about drinking while pregnant. Ideal for workshops and discussion groups. #10272/0735 30 minutes 1996 \$159.95 *SA

STRONGER THAN LOVE *Canadian

An intimate portrait of women's substance abuse and journey to recovery; profiles women who have battled against seemingly insurmountable odds and their compulsive behavior as well as those that are making their initial steps in treatment. #11615/0963 26 minutes 2007 \$179.95 *SA

SUBSTANCE EXPOSED INFANTS

Examines the effects of prenatal substance abuse on infants including FAS. Also covered are: myths and misinformation, effects of legal and illegal drugs, medical and developmental issues; key parenting strategies; and, working with professionals. #13686/1470 55 minutes 2010 \$149.95

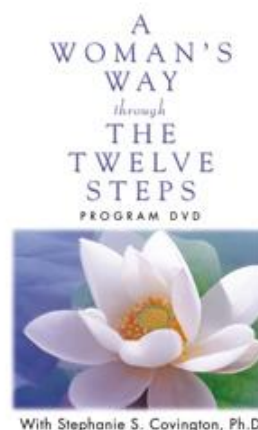
**HEALING NEEN**

After surviving a childhood of abuse and neglect, Tonier "Neen" Cain lived on the streets for two nightmarish decades, where she endured unrelenting violence, hunger, and despair while racking up 66 criminal convictions related to her addiction. Incarcerated and pregnant, a community mental health program offered her a way out... and up. This program illustrates the consequences of childhood household trauma for individuals and society at large - mental health problems, addiction, homelessness, incarceration - and the efficacy of trauma-informed care as a treatment plan. Also features footage of Neen in her current capacity as a nationally known motivational speaker and educator on the devastation of trauma and the hope of recovery. #15344/0635 54 minutes 2010 \$229.95 *CC

WOMEN IN RECOVERY

What part does gender play in treatment and recovery programs? Does addiction show different faces to males and females? This video explores these issues and offers suggestions on ways that may well make for more effective treatment and recovery programs for women.

#10796/0795 25 minutes 2001 \$149.95 *CC



With Stephanie S. Covington, Ph.D.

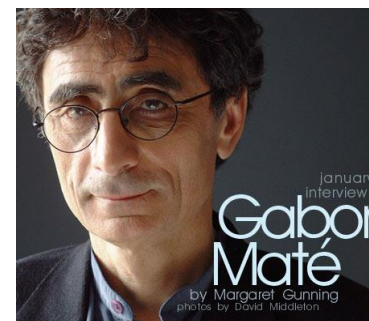
WOMAN'S WAY THROUGH THE TWELVE STEPS (A)

Portrays the safe, nurturing, and empowering environment that is essential in order for women and girls to heal from addiction. Dr. Stephanie Covington leads real women in recovery through the process. #12848/0795 60 minutes 2009 \$319.95 *CC

CORRECTIONS SPECIFIC**TING FORUM ON ADDICTIONS AND CORRECTIONS *Canadian**

What is the connection between trauma, addiction and criminal behavior? "A great deal" explains Gabor Maté, M.D. with twenty years experience dealing with the results of all three of the above while working with the inhabitants of Vancouver's notorious lower east side. PART ONE - Why are a disproportionate number of Dr. Mate's addicted patients coming from the Native Canadian community and/or suffered trauma inducing childhoods? Addiction is an attempt at self-medication in unconscious reaction to psychological problems. PART TWO - Why are a disproportionate number of inmates in Canada's corrections service also aboriginals and other minorities and/or survivors of childhood trauma? And how much does their incarceration have to do with the above mentioned self-medication?

#14732/0867 Two parts 135 minutes 2011 \$189.95 *SA

***Best-Seller! LIFE ON LIFE'S TERMS: Release & Reintegration Preparation**

Recidivism is a complex and confounding issue, at the heart of which lies an equally chronic problem - substance abuse. This program provides a powerful, cognitive-behavioral treatment program for male chemically dependent offenders. #11117/0795 32 minutes 2002 \$209.95 *CC

GOING HOME: Teens Re-entering Society

All former inmates have a hard time adjusting to life outside prison, but teenagers face their own specific set of challenges after doing time. This two-part series shows how that adjustment process often plays out and how its hardships can be minimized. Covers the major sources of conflict that young people will encounter when reentering society.

FROM THE INSIDE: Personal Challenges for Teens Reentering Society #11828 21 minutes

ON THE OUTSIDE: Social Challenges for Teens Reentering Society #11829 23 minutes

#11532/0635 Two programs 2008 \$119.95 each or Series \$249.95 *CC

***Brand New!** CRIMINAL AND ADDICTIVE THINKING COLLECTION

– Second Edition

A flexible, evidence-based, Cognitive-Behavioral Therapy (CBT) curriculum that treats addiction in clients and is proven to reduce recidivism. The updated and revised curriculum is divided into seven core topics, with all new companion videos and a Facilitator Guide to better serve clients. Typically helps clients learn to identify the distorted thinking patterns at the root of substance use disorder and criminal behavior. By being aware of their thought patterns, clients are able to replace those distorted thoughts and make healthier choices.

#16220/0795 Includes 100 workbooks, companion DVDs, and Facilitator Guide \$1,349.95

**SEVILLE'S STORY: Choosing to Live Clean**

Drawn from the so-called Badlands, one of the most dangerous neighborhoods in Philadelphia, this is the story of a former criminal and the community activist who helped him change. The psychological journey of the man known as Seville demonstrates what social outreach and involvement can accomplish when a lost soul makes a conscious choice to find a better life.

#11780/0635 Two 23 minute programs 2005 \$269.95

THERAPEUTIC COMMUNITIES IN PRISONS: A Research Perspective

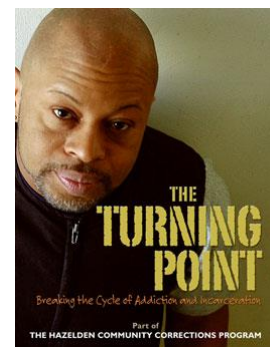
A must for all those working in and developing therapeutic communities in prisons! Dr. Harry Wexler discusses a breadth of topics including: the evidence that prison treatment alone is insufficient for long-term change, and the importance of aftercare; the benefits and potential problems of manual-based treatment; the need for incentives; the importance of bridging TC members and facilitators with their outside communities; and the promising new research of TCs in maximum-security prisons and the potential of reducing violence among their prisoners.

#12833/1745 43 minutes 2009 \$139.95

***Best-seller!** THE TURNING POINT: Breaking the Cycle of Addiction and Incarceration with Chuck Brissette

One of the most widely utilized recovery resources in history has been updated and revised in this production. Delivered in Chuck Brissette's plain speaking, meaningful, and effective message to help recoverees understand the true depth of addiction and how to get themselves out of it. The **"three headed dragon"** is a model of chemical dependency specifically designed to help recovery candidates see that their problem is considerably more than alcohol or some other drug, that chemical dependency is more than a physical disease.

#13289/0795 45 minutes 2009 \$229.95

**HAZELDEN COMMUNITY CORRECTIONS PROGRAM**

This completely updated program includes **THE TURNING POINT: Breaking the Cycle of Addiction and Incarceration DVD (see above)**. This compelling video teaches the strategies necessary to create a healthy environment, find positive support, overcome shame and guilt, rebuild self-esteem, identify triggers, avoid relapse, and ensure that core beliefs and values align with positive goals. **The package also includes three workbooks:** CLIENT RECOVERY helps clients learn how to stay clean and sober. CLIENT LIFE SKILLS teaches clients how to create a blueprint to make the necessary changes. CLIENT COGNITIVE SKILLS teaches socialization skills that enable clients to reintegrate into their community. #13290/0795 Package includes DVD plus the 3 Workbooks on separate CD-ROMs 2009 \$539.95

***Canadian!** FIRES THAT BURN (THE): The Life and Work of Sister Elaine MacInnes

This documentary explores the extraordinary life and work of Sister Elaine MacInnes, and takes us on a guided quest that retraces Sister Elaine's life path to uncover her spiritual journey. Through her days as classical musician for the Calgary Symphony Orchestra, her vocation as a Roman Catholic nun, her training as a Zen Rishi in Japan, as an activist during civil war in the Philippines, to her present-day campaign to get meditation teachers into prisons across Canada, Sister Elaine has challenged the Establishment for the spiritual betterment of the underprivileged and redefined the spiritual experience. #14496/1334 60 minutes 2005 \$149.95

THE CHOICES SERIES (3 Programs) *Special appearance - Dr. Stephen R. Covey

Our lives are full of changes that constantly demand for our attention. We can better cope with these demands by seeing where we can influence the changes for a healthier outcome. By understanding how to make healthier choices in difficult situations, we can often enjoy a better quality of life and reduce the stress of living. Hosted by Dr. Gordon Hasick, these programs gather a variety of insightful and experienced teachers, authors, prisoners, healers, corporate managers, councilors and ministers, to help you discover how you can consciously shape your life. The guide helps you investigate your habits, beliefs and fears and it shows you how you can make difficult choices easier.

Part One helps you in "Discovering Choices" in your life and just how much influence you have.

Part Two looks at "Developing Choices" and what tools are needed to expand your ability to choose.

Part Three investigates "Making Choices" and how fear often gets in the way of your progress.

#10332/0310 Three 26-minute programs 2000 Includes 40-page Guide \$229.95



LIVING SKILLS

THE LIVING SKILLS COLLECTION

This unique set provides integrated, diagnosis-specific treatment to help clients manage the day-to-day challenges of life. Understanding and practicing daily living skills can be crucial to the success of clients making significant life transitions. The series is designed to provide the tools necessary to live a healthy, fulfilling life while meeting the needs of today's diverse client population. Ideal for a variety of settings, including addiction treatment centers, mental health settings, educational settings, and criminal justice settings. Lacking certain skills can profoundly affect a person's course of employment, finances, relationships and general outlook. The series examines 12 basic skills that many people take for granted. Each of these 12 topics is available separately and includes a facilitator guide, a workbook, and a DVD showing the featured skill in action. Ideal for treatment, mental health, criminal justice, and a variety of other settings, this program provides all the tools necessary to help clients live healthy, fulfilling lives.

*****Six of the programs cover topics of PERSONAL GROWTH - the internal skills needed to be a positive member of a community.**

Topics include ...

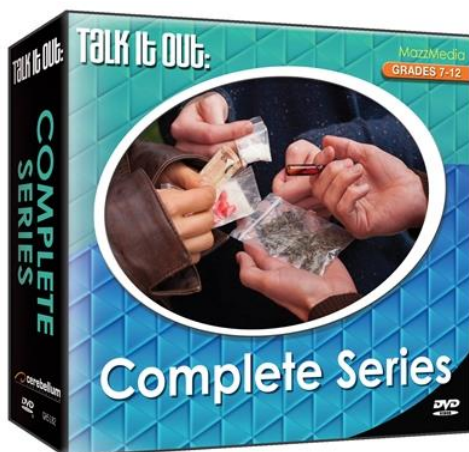
1. MAKING DECISIONS shows clients how to make wise decisions and carry through with them to maintain a healthy life.
2. REFUSAL SKILLS gives clients the tools to establish and maintain strong personal boundaries.
3. INTERPERSONAL SKILLS helps clients effectively manage and maintain relationships with others in a healthy, productive manner.
4. VALUES AND RESPONSIBILITIES helps clients better align their actions with ideals and ethics that contribute to a healthy lifestyle.
5. SETTING AND ATTAINING GOALS empowers clients to live proactive lives by setting clear, attainable, measurable goals that enhance personal growth and success.
6. PARENTING AND CHILD DEVELOPMENT educates clients on child development and parenting to help them raise confident, caring and happy children.

*****The other 6 programs in the series cover topics of PRACTICAL GUIDANCE and provide information on the day-to-day external skills needed to live a healthy life. Topics include:**

1. HYGIENE AND SELF-CARE teaches clients important hygiene and self-care practices to help them maintain physical health, promote self-confidence, and make a positive impression on others.
2. SEXUAL HEALTH helps clients navigate both the physical and emotional components of sexuality in order to promote positive sexual health.
3. LOOKING FOR WORK helps clients identify personally fulfilling career paths, gets them on track to attaining a job, and shows them skills needed to keep it.
4. EDUCATION helps program participants become re-engaged in learning after potentially negative past experiences with education, and gives them the tools to set positive educational goals for the future.
5. MANAGING MONEY helps clients that may have struggled with money in the past whether it be because of addiction, mental illness, incarceration, or other difficulties - learn to manage money in order to maintain a healthy lifestyle and establish a foundation for the future.
6. SECURING HOUSING gives clients the tools to establish secure housing - a necessity in creating a basic sense of safety, and a crucial foundation in achieving further personal development.

***** Each of the 12 topics Includes a facilitator guide, a DVD (12 to 18 minutes each) and 10 workbooks 2018 \$349.95**

The complete series is #16250/0795 and includes 12 facilitator guides (one per topic), 12 DVDs (one per topic), and 10 workbooks per topic (120 total workbooks) \$3,299.95



YOUTH & SUBSTANCE ABUSE

***Brand New! TALK IT OUT: Teens, Substance Abuse and Addiction (Detailed descriptions of each program are available on our website)**

This series of five programs was designed for elementary-aged children (Grades 7 to 12) and presents information on legal and illegal drugs in an easy to understand way. The programs delve into the impact of the use and abuse of these substances on the human body, individuals, and society. Through vintage footage, animation, graphics, and scientific demonstrations, the series explores the various types of substance abuse and addiction and their impact on individuals, families, and society as a whole.

EFFECTS OF WEED ON YOUR BODY

HOW ADDICTION ENSLAVES YOUR BRAIN

UNDERAGE DRINKING: Dangers and Consequences

TOBACCO, VAPING AND NICOTINE

HEROIN: Abuse and Addiction

#16249/0433 Six 15-minute programs 2017 \$179.95 each or Series \$869.95

***Canadian! REWIND: A Film about Choices**

A provocative look into the real-world relationship between drugs and alcohol and teens who get consumed by them. Offers hope to those trying to quit and examines the role that drugs like marijuana, cocaine, ecstasy, alcohol, magic mushrooms and crystal meth play in their lives. Frank and powerful! #11656/0143 26 minutes 2007 \$129.95 *SA *** SPECIAL OFFER – Buy 1 and get 1 FREE!!

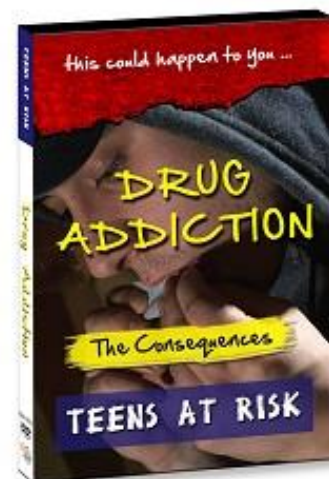
***Best-Seller!** DRUG ADDICTION: The Consequences

Hard-hitting testimonials from teens and young adults illustrate the potential life-altering damage done by substance abuse use, the struggle to get and stay clean, what it means to live a life free of drugs and the reality that it can happen to anyone who chooses to experiment with drugs.

#15327/2003 16 minutes 2013 Grades 8 to 12 \$129.95 *SA

DRUG ADDICTION: Real Life Teens

Today's teens are more exposed to illegal, prescription and over the counter drugs than ever before. Many teens are starting to see drug use as part of the normal teenage experience whether to escape, self-medicate, get instant gratification, or hide feelings of low self-esteem and lack of confidence. This program discusses the ways teens can resist pressure to try drugs, ways they can say (no) to their friends and the dangers and consequences if they do not. #16157/2003 20 minutes 2015 \$129.95 Grades 8 to 12 *SA



ADDICTION AND DEPRESSION (Teens at Risk Series)

Many depressed people, especially teenagers, also have problems with alcohol or other drugs. The important point is that if someone has one or both of these problems, the sooner they get help the better. This program teaches how to be honest about both issues - showing how depressed teens can deal effectively with their illness without substance abuse and how to communicate with people who can help them get treatment.

#14892/2003 23 minutes 2005 Grades 8 to 12 \$109.95 *SA

THE ALL NEW 4-PART "ADDICTED TEENS" SERIES

**Detailed descriptions of the programs in this series are available on our website*

ADDICTED TEENS: LEGAL HIGHS

Legal highs are prescription drugs that have similar effects to illegal drugs like cocaine, cannabis or ecstasy. They are sometimes called club drugs or new psychoactive substances (NPS) and provide physical, emotional and hallucinogenic effects and are marketed as a legal high.

ADDICTED TEENS: DRUG ADDICTION

So what is it about drugs that can take you down a path of self-destruction and self-hate? Why would someone take drugs in the first place and why do some users get addicted to drugs and some don't? How does addiction happen? This documentary series takes an in-depth look at real people, telling their real stories of addiction, what happened to them and how hard it was for them to turn their lives around.

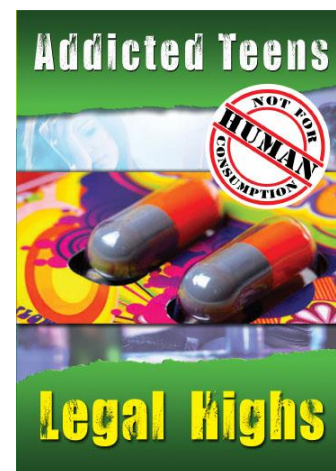
ADDICTED TEENS: HEROIN ADDICTION

Heroin is an extremely addictive Opioid drug that is synthesized from Morphine. Heroin can be snorted, smoked, or injected and usually comes in a white or brown powder substance. It is estimated that almost a quarter of all people who use Heroin once become addicted. A young person who might think twice about putting a needle in his arm may more readily smoke or sniff the same drug. But this is falsely reassuring and may give one the idea that there is less risk. The truth is that heroin in all its forms is dangerous and addictive.

ADDICTED TEENS: ECSTASY ADDICTION

What is called Ecstasy today can contain a wide mixture of substances from LSD, cocaine, heroin, amphetamine and methamphetamine, to rat poison, caffeine and dog deworming substances. Despite the cute logos dealers put on the pills, this is what makes Ecstasy particularly dangerous, a user never really knows what he is taking. Ecstasy most commonly comes in pill form but can also be injected and taken in other ways. Liquid Ecstasy is actually GHB, a nervous system depressant - a substance that can also be found in drain cleaner, floor stripper and degreasing solvents!

#16160/2003 Four 30-minute programs 2016 \$109.95 each or Series \$449.95



***Best-Seller!** YOUTH AND DRUGS OF ABUSE: Prevention to Recovery

Doctors and clinicians join teens and young adults with firsthand accounts to outline the symptoms and consequences of substance abuse. This engaging video is divided into four segments and discusses drugs of abuse across the continuum - from prevention to intervention, to treatment, and early recovery.

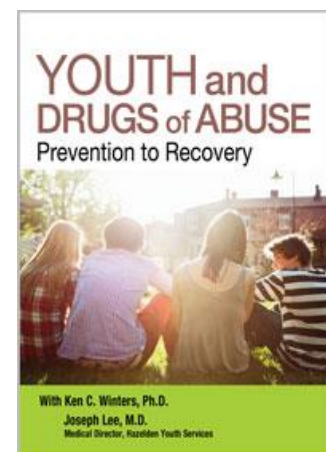
Segment 1 focuses on the short and long-term consequences of alcohol and other drug use as well as the basic signs of harmful use and chemical dependency.

Segment 2 focuses on how alcohol and other drug use effects the developing brain and body, covering all major drugs but with specific emphasis on alcohol, prescription drugs, marijuana, and synthetic drugs.

Segment 3 focuses on the messages that have been proven to reduce or prevent drug use, such as finding positive alternatives to use and learning refusal skills.

Segment 4 focuses on how to get help and what the treatment experience is like.

*The accompanying CD-ROM features reproducible materials for young people and their clinicians, teachers, and other leaders. #15699/0795 90 minutes 2013 \$529.95



***Best-Seller! THE DARK SIDE OF ADDERALL AND OTHER "STUDY DRUGS"**

"Pressure over grades and competition for college admissions are encouraging students to abuse prescription stimulants" but the problem usage can go way beyond a few late night study sessions. This video follows Randy, a young man with no history of ADHD who began abusing Adderall in high school to improve his performance and, having later dropped out of college, relies on it to enable him to work for days at a time as a handyman. #15821/0405 15 minutes 2014 \$149.95

DEATH BY JIB *Canadian!

Crystal meth is a highly addictive and dangerous drug - devastating to individuals, families and communities. Discouraging youth from ever trying the drug is the ultimate hope of prevention efforts. This graphic video pulls no punches as it speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the very harsh realities of Crystal Meth. #9084/1735 19 minutes 2005 \$129.95 *SA

***Best-Seller! DRUGS: The Straight Facts*****Recommended by School Library Journal and Educational Media Reviews**

"This series is a welcome addition to any high school collection for research and information. It will hold the attention of the viewer, and is a perfect length for health classes, social studies classes, and other specialty classes such as speech or survival classes. The teachers' resource guide, available online, is a valuable tool for discussion and activities." Library Media Connection

The only antidote to the flashy appeal of drugs is honest information. Give your students the straight facts on some widely abused substances. This series consists of five programs:

- ALCOHOL
- MARIJUANA
- COCAINE AND CRACK
- NARCOTICS: Heroin, Opium, Codeine, and Morphine
- INHALANTS

*Includes PDF Guides for each program – detailed descriptions of each program available on our website #12908/0635 Five 20 minute programs 2010 Grades 7 to A \$149.95 each or Series \$599.95

THINKING CLEARLY
ABOUT ALMOST
NOTHING!

***Best-Seller! DRUGS AND ALCOHOL: Your Choice**

There are all kinds of drugs. Some are helpful. Some can be hurtful, and even deadly. What do all they have in common? They all change how your body works and they should all be taken seriously.

Students learn....

- * ALL drugs, including over the counter medications, prescription medicines, energy drinks, alcohol, and marijuana, affect the way your body and mind work.
 - * Over-the-counter and prescription medication can also be harmful if they are misused or abused.
 - * Taking medicine prescribed for someone else can be dangerous to your health; it is also illegal.
 - * Inhalants are potent chemicals that can have serious, even deadly, consequences.
 - * Contrary to popular belief, using drugs can have a negative impact on a teen's social and academic life
- #14715/0433 30 minutes 2012 *Includes CD Guide Grades 9 to 12 \$119.95 *SA

***Best-Seller! TEENS IN ACTION SERIES (for ages 11 to 16)**

A high-energy series for the crucial tween and early teen years - designed to teach important communication skills while helping teens understand the dangers of risky behavior, such as alcohol and drug abuse. Teens may act like they know it all, but they are full of questions and are eager to learn how to succeed in the adult world. This series is a fun way to help them understand changes in their bodies and brains; communicate in a mature way with adults and others; develop skills for resisting negative peer pressure; and learn techniques for peaceful conflict resolution.

TO SURVIVE AND THRIVE - Learn the five keys of character; what's up with your brain these days; what your parents are thinking; the power of choice; school success; challenges of teen life: drugs, sexuality, and violence. 22 minutes

CO-OPERATION AND COMMUNICATION - Learn about the spiral of success (and how to make it work for you); gaining co-operation through effective communication. 14 minutes

RESPONSIBILITY AND DISCIPLINE - Learn how freedom and responsibility are two sides of the same coin; the voice of discipline; understanding and accepting consequences. 16 minutes

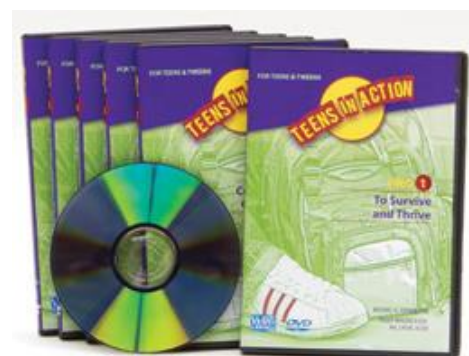
BUILDING COURAGE AND SELF-ESTEEM - Learn about courage and self-esteem; how to turn discouragement into encouragement; recognizing and getting past power struggles; and the Think-Feel-Do Cycle. 21 minutes

DRUGS, SEXUALITY, AND VIOLENCE: Reducing the Risks Part 1 - Learn ten strategies for avoiding risk; negative and positive influences; talking about sexuality. 24 minutes

DRUGS, SEXUALITY, AND VIOLENCE: Reducing the Risks Part 2 - Learn about the risks of tobacco, alcohol, and other drugs; explore bullying and relationship violence; recognizing peer pressure (both positive and negative); confronting high-risk behavior. 21 minutes

*Each video comes with discussion guidelines and a reproducible Parent's Tips Sheet on CD

#15235/0155 Six programs 2012 \$99.95 each or Series \$379.95 Grades 7 to 10



PSYCHOACTIVE: Club Drugs and Inhalants

Everything you wanted to know about rave- or club-drugs, including psychedelics and inhalants, and we mean EVERYTHING! This excellent, realistic video explains current scientific and medical opinion on these widely used (and abused) chemical intoxicants. One of the best.

#7409/0410 53 minutes 2002 Grades 9 to A \$269.95 *SA



THIS IS YOUR BRAIN ON ALCOHOL 2.0

***WINNER! Intermedia GOLD GLOBE Award!**

Updated to include social media, this video employs older teens to deliver a very important message to younger adolescents about the direct effect alcohol consumption has on brain growth and development, especially before the age of 24. #8111/0505 17 minutes 2010 Grades 5 to 9 \$139.95

BINGE DRINKING BLOWOUT 2.0: The Extreme Dangers of Alcohol Abuse

Looks at the life-threatening nature of teen alcohol use from a medical and personal perspective. This very popular title is aimed at young adults and teenagers who seem to have adopted 'overloading' the system with alcohol as a rite of passage in many party situations, this video clearly demonstrates how very X-TREME the consequences can actually be. #9538/0505 28 minutes 2010 \$159.95

GAMBLING: It's a Losing Bet

Gambling is becoming a growth industry among youths and young adults. This series makes it clear to young viewers that whether it's sports or games or video terminals, gambling and the debt that most often goes with it are not always the fun they are cracked up to be. School problems, suicide, violence, broken families, and financial ruin are among the outcomes spotlighted in this realistic, compelling series. Each of the programs uses a different setting and situation to deliver the message that compulsive gambling is a problem that can, and must, be addressed.

SAFE BET: Recognizing the Problem (13 minutes)

DONE DEAL: Choosing Not to Gamble (15 minutes)

PLAY TO WIN: The Deadly Consequences of Gambling (21 minutes)

#9326/0235 Three programs 2005 Grades 7 to A \$89.95 each or Series \$319.95 *SA



*Best-Seller! E-CIGARETTES: Facts and Myths

This is an honest assessment of e-cigarette dangers - is it a safer alternative or another dangerous habit? Provides information on nicotine addiction, secondhand vapor, toxic chemicals and carcinogens, liquid nicotine precautions, and other safety issues. Designed for e-cigarette smokers and traditional cigarette smokers considering switching. Examines e-cigarettes as a smoking cessation tool as well as safer options. #15961/1420 16 minutes 2014 \$179.95 *SA

*New! BLOWING SMOKE: Teens Vaping

E-cigarettes have been called the next generation cigarette and vaping the newest way for teens to start smoking. Most teens assume vaping is harmless, however it is not. Studies have shown that the gases and particles in e-cigarette vapors can harm the lungs, brain, heart and immune system. So what is vaping? What is the vapor made from and how does it work? Do e-cigarettes contain toxins? Are e-cigarettes dangerous? Do e-cigarettes contain nicotine? What are the short and long term side effects? E-cigarettes actually emit a suspension of particles, toxins and other chemicals suspended within a gas. E-cig vapor often contains even more particles than tobacco smoke. #16171/2003 28 minutes 2016 \$119.95



THINK ABOUT IT: Adolescents Choosing to Drink and Drive

According to MADD, motor vehicle crashes are the leading cause of teen death, and one in three of these fatalities is related to alcohol. In this two-part series the behaviors leading to drunk driving, and the consequences, are explored in a language that teens understand. The series features a powerful dramatization, compelling personal testimonies, and commentary from a psychiatrist on the workings of the adolescent brain. Designed to spark classroom discussion, the programs emphasize the role of conscious choice on the part of young people in social situations. Program One - **PEER PRESSURE AND CHOOSING TO DRINK Think About It** – dramatizes the potential consequences of choosing to drive while intoxicated are played out.

Program Two - **DRIVING AND CHOOSING TO DRINK: Think About it** – is a powerful program featuring people whose lives were affected dramatically by drunk driving tell their stories.

***Viewer discretion is advised**

#15290/0635 Two 20 minute programs 2011 \$119.95 each or Series \$259.95 *CC



YOUTH IN RECOVERY

TWELVE: Young Addicts Speak from the Heart!

Kat grew up in an alcoholic home. John made drinking the center of his life at a young age. Rene's parents divorced when he was five, while Chris and Dante both seemed to have everything they wanted - but all became substance abusers. This program goes inside the childhood memories and emotional lives of recovering addicts who started their habits at, or close to, age 12. Their stories reveal unique qualities and experiences as well as patterns seen over and over again among alcoholics and drug abusers - often involving crime and social isolation. The participants also discuss the most daunting challenge of all - the ongoing process of recovery. #12659/2305 44 minutes 2008 \$229.95 *SA

***Brand New!** TWELVE PROMISES: The Rewards of Recovery

A documentary film about teen recovery from drug and alcohol addiction. Focuses on early stage sobriety and how to maintain continuous recovery including the promises and rewards of a new sober life. Features real individuals not actors, who are willing to reveal their personal journey from isolation and despair to connection and hope. Peer to peer communications is the most effective way of telling the truth about young people who face the seemingly insurmountable task of conquering addiction and abuse. The stories of 12 Promises demonstrate compassion and connection as the antidote to abuse, and reveal the ability of those who have walked out of addiction to lead healthy, purposeful lives as members of a supportive community. #16233/2305 26 minutes 2017 \$189.95

YOUNG ADULTS DISCOVER THE TWELVE STEPS

In this engaging video, young people in recovery discuss each of the 12 Steps sharing their personal stories about how working the Steps have helped them stay clean and sober.

#15856/0795 56 minutes 2014 \$229.95 *CC

***New!** TEENS IN TREATMENT SERIES

The TEENS IN TREATMENT series consists of two award-winning 30-minute programs

THE WARNING SIGNS OF ADDICTION

Teenagers all go through traumatic experiences and symptoms of depression. In many cases they don't have the resources to deal with their problems. Many times they turn to drugs as a solution or as a coping mechanism if they feel they can't deal with a problem on their own. This often leads to a path of addiction. This program discusses the traits that can be found in an addictive personality, the warning signs and the attraction to try drugs. It takes a look at what can take a seemingly normal teen down the road of addiction and the intense process of treatment and recovery. Also addresses the physical, mental and behavioral effects of drug abuse and the effective treatment options. Features clinical addiction psychologists, mental health and teen drug abuse experts.

LIFE BEYOND GETTING HIGH

Rehab or treatment for addiction begins with the desire to stop using drugs or alcohol and choose a clean and sober life. For many teens, this may seem like an impossible task especially when their life seems to have lost all meaning. At first teens think using drugs or alcohol helps them fit in and can relieve stress either at home or at school. However, they soon realize it doesn't fix anything and their problems keep coming back and often get worse. This program teaches teens that living a life of addiction is one that can be changed. Personal accomplishments can be achieved and a healthy successful life, without dependence on drugs or alcohol is possible.

#6200/2003 Two programs 2017 \$119.95 each or Series \$209.95 (*CC available upon request – additional charge)

ADDICTED: A Series for Young Men and Women

Follow interventionist Kristina Wandzilak in these six programs as she helps young men and women addicted to drugs and alcohol take their first steps toward recovery and a substance-free life.

***Produced by Discovery Education.

ALISSA is a sixteen-year veteran of heroin and methamphetamines

AMANDA is a thirty-one-year-old alcoholic and heroin addict.

ANNIE and **MIKE** are co-dependent speedballers whose addictions have taken them, and their families, to the depths of despair

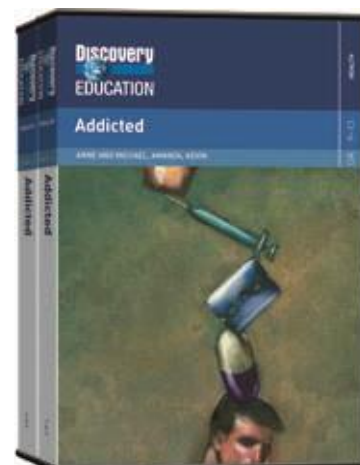
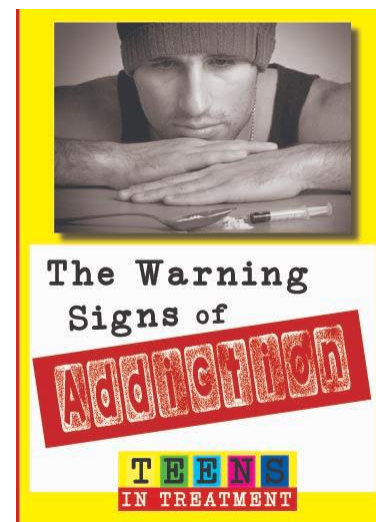
JEREMY is a twenty-one-year-old OxyContin addict whose family history has been devastated by numerous addictions.

KEVIN is a twenty-six-year-old alcoholic who has alienated his friends and family with his downward spiral of drinking

KLEA is a nineteen-year-old methamphetamine addict who has turned to prostitution in order to support her habit.

***NOTE: These programs contain graphic images of drug use and sensitive language. Please preview before showing to students.

#14386/0545 Six 41 minute programs on 2 DVDs 2010 \$65.95 each or Series \$369.95 *SA



ADDICTION & FAMILY & CODEPENDENT RELATIONSHIPS

***Best Seller!** NEXT DOOR: A Documentary about a Teenage Alcoholic and Her Family

Takes an in-depth look into the intricacies of a "normal" family who failed to see the warning signs of teenage addiction and admit to a family legacy of alcoholism. Offers a realistic look into the life of a real family who believed they had created a balanced life for their children until addiction struck at its core. The film illustrates the teen's descent into substance abuse, sexual promiscuity, rebellion, manipulation and lying, and how her choices affected her younger siblings who watched in silence. #9342/0600 53 minutes 2003 \$179.95 *SA



***Best Seller!** COPING WITH AN ALCOHOLIC PARENT: Tips to Improve Family Life

One parent is alcoholic! How does a family cope? This dramatic program takes viewers into the family life of real people who have embarked on their long road to recovery from addiction, and it shares the intimate struggles of families dealing with this all too common disease.

#10683/0145 26 minutes 2006 \$179.95 *CC *SA

***Best Seller!** PROMISE ME: Parents with Addictions

How can a teenager ever be expected to cope with an addicted parent, or as in this case, TWO of them!?!? One an alcoholic and the other is a compulsive gambler! Growing up in such a household, what goes through your mind? What stability can you hold on to? Viewers get an inside view of teen hell on earth with this intense dramatization. #13821/0768 28 minutes 2010 \$129.95 *SA

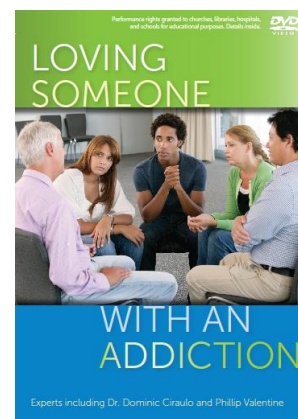
***Best Seller!** KIDS RECOVERY: Healing Kids of Addicted Parents

A program for parents to help them understand how their addiction negatively impacts their children. Includes interviews with spouses and significant others interspersed with Saul and the puppet Slick who provides humorous, bad advice. Chaptered in five parts including: 1) How addicted parents DISTANCE themselves from their children (9 minutes) 2) Parents and children will BOTH have to ADJUST to sobriety (9 minutes) 3) How addicted parents DENY the damage they do (5 minutes) 4) How straight parents can HEAL THE DAMAGE (11 minutes) 5) Counting the BENEFITS OF RECOVERY for parent and children (10 minutes). #15427/1905 45 minutes 2011 \$139.95 *SA

***Best Seller!** LOVING SOMEONE WITH AN ADDICTION

For those who live with an addiction, it is both heartbreaking and exhausting. Family members are torn between how to help the addict and how to avoid supporting the addiction. Through interviews with experts and with families who have experienced the addiction of a loved one, this video will offer hope-filled support in the form of practical information, advice from others who have been there, and the power of shared experiences.

#15587/1710 60 minutes 2013 \$159.95 *S8



***Best Seller!** TWEE, FIDDLE AND HUFF

The program explains to young children, especially those from "addicted" households, the nature of addiction, and how it affects adults (i.e. parents) and emphasizes that it is not their (the child's) fault. *Includes Facilitator's Guide

#8165/1823 12 minutes 1990 Grades K to 3 \$179.95 *SA

REAL LIFE PARENTING SKILLS

One of the biggest hurdles for those of us who are recovering from alcoholism or an addiction is restoring our relationship with our children. We must rebuild shattered trust, but even more basic, we may need to learn, or re-learn, how to treat our children with love and respect. This package provides practical guidance on issues and ways we can develop realistic action plans with our children. Each of the three DVDs dramatizes new or relearned parenting skills: **BUILDING TRUST** 15 minutes; **HANDLING ANGER** 17 minutes; and, **SETTING RULES AND LIMITS** 15 minutes.

**Purchase is available in two ways...*

DVDS only #13580/0795 Three programs \$259.95 *CC



***See also in this catalogue ...**

MULTIDIMENSIONAL FAMILY THERAPY: A Research-Proven, Innovative Treatment for Adolescent Substance Abuse #15983/1410 75 minutes 2014 \$249.95

- and -

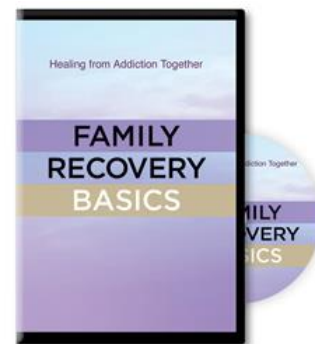
STEP ALONG THE WAY (A): A Family with a Drug Problem #16116 63 minutes 2015 \$189.95

***Brand New! FAMILY RECOVERY BASICS**

FAMILY RECOVERY BASICS addresses the many questions and concerns families face when a loved one suffers from a substance use disorder. With a unique combination of recovery expertise and personal experiences, this video collection provides insight into the struggles families of addiction encounter, as well as healthy responses and strategies for hope and healing. Topics include:

*Is there a Problem? * Impact * Response * Personal Healing * Family Healing
* Introduction to Family Recovery

#16247/0795 90 minutes 2019 \$309.95

**COUPLES RECOVERY: Healing Addictions Damage to Couples**

This program shows how addiction negatively impacts relationships as well as provides strategies to heal those relationships. Includes interviews with spouses and significant others interspersed with Saul and the puppet Slick who provides humorous, bad advice designed to create conflict in the relationship.

#11677/1905 60 minutes 2011 \$129.95 *SA

STAGES OF FAMILY RECOVERY

For families, the pain of living with a loved one's addiction can lead to shame, secrecy, and isolation. This program is an encouraging, empowering video that lets families know they're not alone- and that recovery is possible. Teens, parents, and grandparents share stories of despair and hope, helplessness and optimism. Includes clinical insights from Stephanie Brown, Ph.D.

#9568/0795 36 minutes 2005 \$309.95 *CC

ADDICTIVE RELATIONSHIPS SERIES

Claudia Black and Terry Gorski discuss how 'compulsion' enters a relationship, explain the difference between healthy and unhealthy relationships, and reveal the true meaning of intimacy. These three programs are very useful and down-to-earth:

COMPULSIVE RELATIONSHIPS: The Players and The Personalities

RELATIONSHIP STYLES: Compulsive, Apathetic and Healthy

RELATIONSHIP BUILDING: Achieving Intimacy

#10254/0110 Three programs 31-36 minutes 1990 \$169.95 each or Series \$479.95 *SA

**ADDICTION IN THE FAMILY: The Domino Effect**

This program is an important tool that will allow you, in one or two sessions, to focus on primary treatment issues with family members, individually or in groups. Overcoming denial and enabling behavior in a family suffering from addiction, Claudia Black examines the three particular areas that are most challenging...

Powerlessness...Tough Love ...and Unmanageability. #9207/0110 28 minutes 1998 \$229.95 *SA

BREAKING THE SILENCE with Dr. Claudia Black

Dysfunctional families... addictions... sexual abuse are often part of a package. Sexually abused children make a "secret" out of these experiences because of intense feelings of fear, guilt, and shame. The "silence" that plagues these victims includes phobias, flashbacks, suicide, eating disorders, not to mention addictions. This powerful program encourages adult children to realize that disclosure is essential and that there are some procedures that make this painful process a little easier and more likely to meet with success.

#10257/0110 30 minutes 1992 \$179.95 *SA

WHAT DO I SAY TO MY KIDS? With Claudia Black

Parents who are in recovery often find themselves in very strange and stressful circumstances when explaining addiction (their own or in general) to their children. And it's probably even worse for the kids involved! Claudia Black has helped thousands of families deal with the burden of addiction during her career and explains proven methods for opening lines of parent-child communication.

#9956/0110 26 minutes 2005 \$229.95 *SA

IT'S NOT MY PROBLEM! John Bradshaw

Starring John Bradshaw, this film is aimed at family members of newly recovering addicts/alcoholics. For most of this population, the suggestion that they need treatment as much as the chemically addicted person is met with rigid denial. "Simply the best introductory film I've seen on this topic!" #9206/0460 32 minutes 1987 \$179.95

***** A list of the ten programs in each of the following JOHN BRADSHAW series is available on our website...**

BRADSHAW ON CREATING LOVE SERIES

John Bradshaw talks about how to create healthy, loving relationships in every part of life.

#8851/0280 Ten 60-minute programs 1990 \$299.95

BRADSHAW ON HOMECOMING SERIES

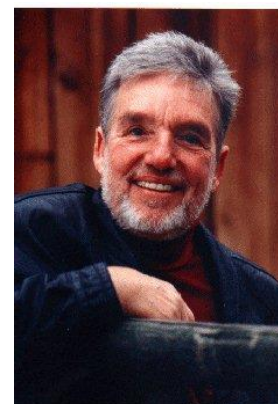
John Bradshaw assists viewers in finding and championing their wounded inner child. #10940/0280 Ten

60-minute programs 1990 \$299.95

BRADSHAW ON THE FAMILY SERIES

John Bradshaw series focuses on how the dynamics of the family relates to compulsive and addictive behavior.

#4447/0280 Ten 60-minute programs 1990 \$299.95



DUAL DIAGNOSIS & CO-OCCURRING DISORDERS

DOUBLE TROUBLE IN RECOVERY COLLECTION

A complete 3-part package designed to help experts guide clients with co-occurring addiction and mental health disorders. Includes a fresh informative DVD that takes professionals and peer leaders, step-by-step, through the process of starting and running a DTR group.

1. **STARTING AND RUNNING A DOUBLE TROUBLE IN RECOVERY GROUP - DVD**
2. **HOW TO START A 'DOUBLE TROUBLE IN RECOVERY' GROUP - Manual and CD-ROM** with posters and reproducible handouts
3. **Book DOUBLE TROUBLE IN RECOVERY: BASIC GUIDE.**

#13292/0795 30 minutes with Manual and Book 2010 \$329.95 *CC



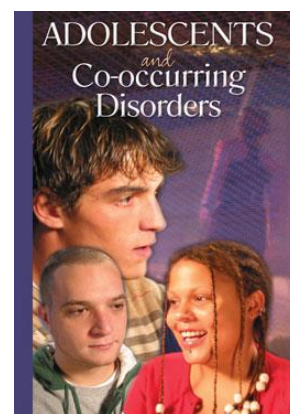
DOUBLE JEOPARDY: Addiction & Depression (Claudia Black)

Claudia Black explains clearly to viewers why depression is a serious, life-threatening, chronic illness and how depression combined with addiction is especially debilitating. Without treating depression in an addicted person, the depression becomes a major contributor to a lack of recovery, relapse and possibly suicide. Both depression and addiction are treatable illnesses.

Key Points Covered:

- *Interaction of depression and addiction
- *Causes of depression: biochemical imbalance, negative view of the world, incomplete grief
- *Recovery: abstinence from addictive substances and behaviors
- *Use of anti-depressants and discussion around the addict's concerns of the use of medication
- *Therapy and recovery practices

#4483/0110 28 minutes 2002 \$229.95



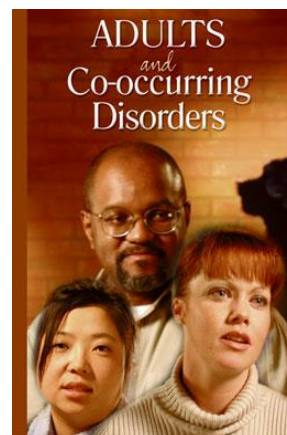
ADOLESCENTS AND CO-OCCURRING DISORDERS

Created specifically for teens in treatment, this compelling video introduces young clients to strategies for staying sober while coping with a co-occurring (dual) disorder. Mental health issues combined with addiction - also known as co-occurring disorders - are devastating, especially for youths. In this program, teens in recovery from co-occurring disorders share their true experiences: the bad interactions, the cravings for self-medication, the dangers of relapse. But with ongoing therapy and the support of family, friends, and Twelve Step groups, adolescents can regain control of their co-occurring disorders and their lives. Hope for recovery is reinforced by therapist Janice Gabe, noted for her work with adolescence. The facilitator's guide features supporting information and includes reproducible client material. #10029/0795 24 minutes 2003 \$319.95 *CC

ADULTS AND CO-OCCURRING DISORDERS

What is meant by dual diagnosis or co-occurring disorder? This video explains what these terms mean clinically and in practical matters. Clients and families will gain insight and receive helpful and hopeful instruction on the best methods for coping. Through testimonials and interviews of treatment experts, this important video identifies emotional and psychological disorders that commonly accompany addiction. Ideal for use in a group setting. Clients will gain insight into keeping their recovery on track while dealing with a dual disorder.

*Includes Facilitator's Guide. #10215/0795 20 minutes 2003 \$319.95



CO-OCCURRING DISORDERS: Mental Health and Drugs

From the producers of UPPERS DOWNERS - designed primarily for clients who have a dual diagnosis and secondarily for those involved in the treatment of these disorders who need a deeper understanding of this common phenomenon. By first examining the mental illnesses that are part of a dual diagnosis (e.g., schizophrenia, bipolar, depression) and then showing how psychoactive drug use can aggravate or induce these illnesses, the video helps explain the relationship between the two conditions.

#9036/0410 36 minutes 2005 \$209.95 *SA

DEPRESSION AND SUBSTANCE ABUSE

Depressed? Have a drink! ! Two reactions that can lead to some real long term difficulties. This video investigates how substance abuse and depression play off one another. Issues are explored such as genetics, psycho-social dynamics, coping behaviors and brain mechanics. Treatments such as psychological therapy, 12-step programs and anti-depressant drugs are also presented. #9239/1420 19 minutes 2004 \$169.95 *SA

PTSD AND SUBSTANCE ABUSE

Post traumatic stress disorder is now recognized for its diversity of causes as well as its severe and disabling symptoms. When substance abuse is also involved the results can be devastating.

#12247/1420 20 minutes 2009 \$169.95 *SA

BEATING DEPRESSION

Whether chronic or manic, whether stand-alone or co-occurring with other disorders or addictions, patients with depression can stabilize and lead fulfilling lives if they accept their condition and proactively address it. #4476/0635 46 minutes 2004 \$229.95

***Best Seller! THIS EMOTIONAL LIFE**

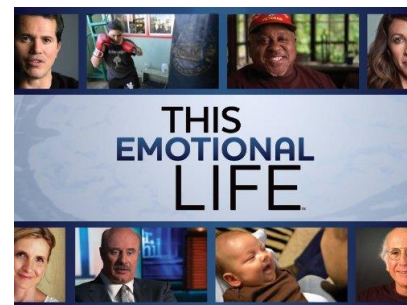
Ordinary people and famous celebrities share a basic human problem - how to handle one's emotions, relationships, and negative experiences. Yet why are some more successful than others? Best-selling author and Harvard professor Daniel Gilbert weaves together accounts of ordinary individuals and celebrities including Chevy Chase, John McEnroe, Alanis Morissette, and Richard Gere. Topics examined in the series include the importance of early attachment, post-traumatic stress disorder, depression, grief, and other challenges.

●FAMILY, FRIENDS AND LOVERS

●FACING OUR FEARS

●RETHINKING HAPPINESS

#13304/1725 Three DVDs in one case total 360 minutes 2009 \$179.95 *CC

**CO-OCCURRING DISORDERS PROGRAM (THE) Updated for DSM-5**

The best-selling series for addressing and treating co-occurring disorders is now better than ever and updated for DSM-5! With a beautiful new design, new titles that help you immediately find what you need, and reduced prices, this evidence-based program addresses issues that directly impact clients living with a substance use disorder and non-severe mental illness. Extremely flexible and very easy to implement. Each piece of CDP can be used effectively as a stand-alone program. However, when the components are used in conjunction with each other, they provide a proven-effective treatment protocol for your team.

This new CDP Series:

*Manualizes the most current research and field-tested practices available

*Provides everyone on your treatment team with the same tools at the same time

*Helps create a shared, respectful partnership with clients when developing a treatment plan

*Use each component of CDP on its own or together as part of a system of care.

1. SCREENING AND ASSESSMENT FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM

This tool offers an effective, protocol-driven evaluation method so that appropriate treatment options can be addressed with regard to each client's symptoms, disorders, and motivation to change. #7679

2. INTEGRATING COMBINED THERAPIES FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM

Motivational Enhancement Therapy, Cognitive-Behavioral Therapy, and Twelve Step Facilitation. This curriculum provides the background, guidance, and skills needed to combine the evidence-based practices of motivational enhancement, cognitive-behavioral therapy, and Twelve Step Facilitation. #7680

3. COGNITIVE-BEHAVIORAL THERAPY FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM

As professionals work through the eight program modules, clients develop the knowledge and skills to continue practicing evidence-based CBT techniques on their own. #7681

4. A LEADER'S GUIDE TO IMPLEMENTING INTEGRATED SERVICES FOR PEOPLE WITH CO-OCCURRING DISORDERS

This 192 page guidebook gives your agency's key stakeholders the tools to assess organizational effectiveness. #7678

5. A GUIDE FOR LIVING WITH CO-OCCURRING DISORDERS: Help and Hope for Clients and Their Families - DVD

Explores the most effective treatments for co-occurring disorders through expert interviews. #7677

6. MEDICATION MANAGEMENT FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM

This two-part reference tool contains vital, current information about the complex issues of medication management, addressing differential diagnosis, timing, indications, monitoring, dosage, tolerance, and more. #7682

7. FAMILY PROGRAM: EDUCATION, SKILLS, AND THERAPY FOR FAMILIES OF PEOPLE WITH CO-OCCURRING DISORDERS

Teach families about the nature and treatment of co-occurring disorders Single-family sessions orient people to a loved one's specific psychiatric disorder. Multiple-family sessions run in a rotating cycle, allowing new families to join at any point. #7681

*** The complete package includes five curricula, a DVD, and A Leader's Guide to Implementing Integrated Services. Many of the curricula include a clinician's guide, as well as reproducible patient handouts, and clinician forms.**

#15925/0795 Seven components 2011 \$1,129.95 *CC

**A GUIDE FOR LIVING WITH CO-OCCURRING DISORDERS:****Help and Hope for Clients and their Families**

This program provides patients and families with an educational overview of co-occurring disorders, offers interviews from people who have them, and discusses ways that patients can participate in treatment to better manage their recovery from both disorders. Included are dramatic vignettes, as well as professional narration, to show a comprehensive look at all the issues of recovery.

#12442/0795 83 minutes 2008 \$179.95 *CC

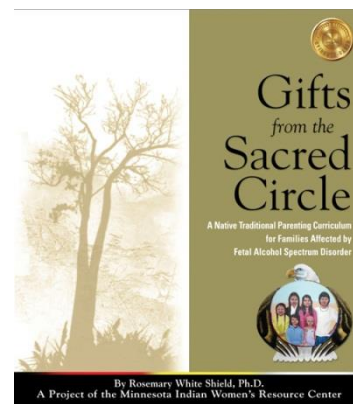
(NOTE: this DVD is also included in the above package #15925)

NATIVE & FIRST NATIONS SPECIFIC

GIFTS FROM THE SACRED CIRCLE: A Native Traditional Parenting Curriculum for Families Affected By Fetal Alcohol Spectrum Disorder (CD-ROM Toolkit)

Grounded within traditional American Indian spiritual contexts, GIFTS FROM THE SACRED CIRCLE is an evidence-based program created specifically to serve Native children and families impacted by Fetal Alcohol Spectrum Disorder (known as FASD). This unique program assists and strengthens families as they care for their FASD-affected children as well as themselves.

***NOTE:** This package is not DVD-based but rather a complete curriculum that includes a Facilitator's Guide, a Parent Resource Book, and a Toolkit CD-ROM of materials that help connect and extend the learning experiences into the home and community. #15270/0795 2012 \$229.95 *CC



COPING WITH AN ALCOHOLIC PARENT: Tips to Improve Family Life

One parent is alcoholic! How does a family cope? This dramatic program takes viewers into the family life of real people who have embarked on their long road to recovery from addiction, and it shares the intimate struggles of families dealing with this all too common disease. The family in this case is middle class Native North American. #10683/0145 26 minutes 2006 \$179.95 *CC *SA

A MOTHER'S CHOICE *Canadian

This video aims directly at informing first nations women of the damage and suffering that can result from the long term effects on the fetus due to alcohol consumption during pregnancy.

#10272/0735 30 minutes 1996 \$159.95 *SA

ONE MOTHER'S JOURNEY *Canadian

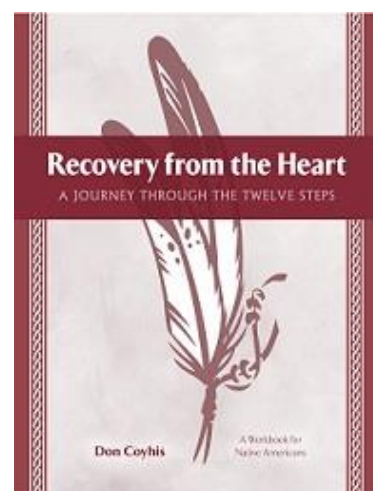
This video presents the story of a Native woman and her fight to overcome an abusive and alcoholic family life, her experience of residential schools, early motherhood and a bout with her own addictions.

#9852/0930 24 minutes 1996 \$149.95 *SA

RECOVERY FROM THE HEART SERIES

This series encourages Native clients in addiction treatment programs to set attainable goals, create strategies for results, and build in follow-through experiences. Based on the teachings of the Medicine Wheel, the Twelve Steps, and a system of principles, values and laws common to many Native tribes, it assists clinicians in maximizing client comprehension of crucial recovery concepts through workbook exercises in conjunction with the videos' dramatic scenes and thought-provoking discussions.

#11710/0795 *Three 30-minute programs on one DVD with four CDs and a Workbook 1993 \$319.95



FITNESS AND THE FATHER *Canadian!

The native peoples of the Canadian far north simply have to have been some of the naturally toughest and fittest the world has ever produced. Historically, their habitat and lifestyle dictated it. This video focuses on the recognition of this fact by a Catholic priest in the 1950s, and his efforts to use it to restore a measure of self-esteem that was being shattered.

#6240/1329 45 minutes 2002 \$129.95 *SA

*** SPECIAL OFFER! Get both titles below for only \$349.95!!!

WHAT MADE ME STOP DRINKING: Four Stories *Canadian!

An intimate and revealing look into the lives of people who are addicted to alcohol. Four very different individuals tell their stories ... all four finally faced a brutal reality - that their lives and health were falling apart. One of the four featured in these two programs is a first nations man, who wanted the pain of belonging to an underprivileged part of our population to stop and to feel strong. The stories are brought to life by personal interviews with the four subjects and with Susan Diamond Potts - M.A., RCC, who holds a masters in clinical psychology and who specializes in treating alcohol addiction. #14480/1076 32 minutes 2012 \$189.95 *SA



What Made Me Stop
DRINKING:
Four Stories



HOW I STOPPED DRINKING: Four Stories Continued *Canadian!

A follow-up to "What Made Me Stop Drinking", this program investigates how those same people - recovering alcoholics - actually managed to stop drinking. They took different routes and found their own sources of support. The central message of this program is that it is possible to stop and to rediscover life without alcohol. Features Susan Diamond Potts - M.A., RCC - a clinical psychologist specializing in addiction treatment. "Addiction is cunning, baffling, and powerful. People have to have enough resources to support their recovery."

#14605/1076 27 minutes 2012 \$189.95 *SA

***New & Canadian!** FIRST NATIONS: LINDSAY'S STORY*(from the TEENS 101 SERIES)*

Lindsay (Eekwol) grew up in the First Nations community. She experienced an unforgiving world of drugs, alcohol and violence within her family. As a child, she lived in fear while her parents and their friends had endless parties that often broke out in fights. As she grew up in this environment, she soon developed into an abuser of drugs and alcohol herself. Falling victim to blackouts and on one occasion she almost died one night lying unconscious on the highway. This seminal moment caused her devoted sister to give up on her - unless she changed her ways. For the first time in her life, she listened, and the path of being clean and sober led to becoming a successful solo female aboriginal hip hop artist.

#16241/0545 22 minutes 2017 \$149.95

***New & Canadian!** I'M NOT ADDICTED: WILL'S STORY*(from the TEENS 101 SERIES)*

You can become addicted to just about anything. It becomes a serious problem when it takes you away from the things you normally do. Some people have a predisposition to addiction and Will's story shows that anyone can fall dangerously into addiction. It started with a video games addiction which was the beginning of the slippery slope that almost cost him his life. As a child, he dreamed of becoming a professional baseball player. He could never imagine that at the age of 17 he would be living on the streets addicted to crack cocaine and near death. His remarkable story brings so much hope to those that struggle with addiction and now he dedicates his life to helping youth.

#16242/0545 22 minutes 2017 \$149.95

***New & Canadian!** TEENS 101 SERIES

Combining interviews with experts and personal accounts from youth and their parents, TEENS 101 will help guide them through these difficult years and illustrates the major issues opposing youth today. From multiculturalism and family dynamics to media influences and mental health issues, TEENS 101 will provide thoughtful, informative and vital information to help youth and adults come to grips with the trials and tribulations associated with the teenage years. In this compelling thirteen-part television series about the world of a teenager in the new millennium, we take the viewer through the journey from adolescence to adulthood, examining the health and wellness of teenagers in today. This documentary-style series will examine the issues facing young people as they progress through high school and make the decisions that will affect them far into the future. This dynamic and thought provoking series will speak to people of all ages, opening up new topics for discussion for both parents and teens alike, and addressing the difficulties of growing up in the 21st Century.

*** *Thirteen 22-minute programs:*

I'M NOT ADDICTED: Will's Story

DON'T DISS MY ABILITIES: Michelle's Story

BREAKING POVERTY: Billionaire PA's Story

BROKEN FAMILIES: Lydia's Story

LGBTQ - Acceptance: Joey's Story

STRESS AND CULTURAL EXPECTATIONS: Eileen's Story

DEPRESSION AND ANXIETY: Eleanor's Story

ADDICTION IN FIRST NATIONS: Lindsay's Story

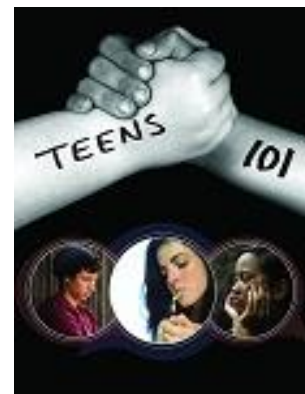
DEPRESSION AND EATING DISORDER: Sterling's Story

DEPRESSION AND SELF-HARM: Brittany's Story

IDENTIFYING TRANSGENDER: David's Story

SOCIAL MEDIA BULLYING: Cristina's Story

ASPERGER'S: Sean's Story

Detailed descriptions of each program are available upon request**#16240/0545 *Thirteen 22-minute programs, 2017 \$149.95 each or Series \$1,499.95 *SA*Best-seller!** CARVED FROM THE HEART and WORDS FROM THE HEART

One man loses his son to a cocaine overdose. Grieving, he decides to carve a totem pole and invites the town of Craig, Alaska to help. The project grows; it brings people of diverse backgrounds and ages together, acknowledging common problems of personal loss, intergenerational grief, substance abuse, suicide and violence and it promotes healing within the community. WORDS is intended to facilitate discussion of the life-altering issues raised in the multi award-winning CARVED. Features drawings and murals by youth, letters, poetry, interviews and ceremony to show how a story that started in one small town has become a catalyst for expression and community transformation.

#9836/0705 45 minutes 1997 \$269.95 *SA

GAMBLING (Seekers II) *Canadian!

From the SEEKERS II Series for, by, and about aboriginal youth, their concerns, problems and potential - this program explores different aspects of gambling in an attempt to answer why people take such risks. #7762/0200 24 minutes 2003 Grades 7 to 12 \$129.95 *SA

SUBSTANCE ABUSE (Seekers II) *Canadian!

Today, as Aboriginal youth are forced to decide between honoring traditional culture and adapting to "mainstream" society, the decision to use or not to use alcohol and drugs is a very difficult one to make.

#7763/0200 24 minutes 2003 Grades 7 to 12 \$129.95 *SA

A WAVE OF COMPASSION: Spirituality and the Recovering Addict

What does it mean to be a "functioning" alcoholic? How does it feel to struggle with substance abuse day after day? What keeps addicts from truly recovering? This program explores such questions from a range of unconventional viewpoints, creating an honest look at addiction that avoids judgmental or strictly clinical approaches. Unique and insightful commentary is provided by a Native American shaman, a stand-up comedian, and other voices of reason and personal experience. #12172/0635 47 minutes 2007 \$209.95 *CC



***Best-seller!** RED ROAD TO SOBRIETY

This excellent production documents the philosophy and method of the Native American Sobriety Movement currently spreading through indigenous communities across the continent to fight native addiction. #10801/1040 90 minutes 1995 \$249.95

***Best-seller!** VIDEO TALKING CIRCLE

Demonstrates the how and why and the power of the 'talking circle' to viewers – a powerful tool for recovery and life change. Features many respected Native addiction therapists and healers.

#10802/1040 120 minutes 1995 \$249.95

WALKING IN PAIN ***Canadian**

One really special feature that makes this program unique is the fact that it focuses on a Native counselor and patients in session at a treatment center located on a reserve.

#8055/0895 50 minutes 1988 \$149.95 *SA

HEALING ROAD: The Native American Tradition

Native Americans have suffered violence for centuries. This video helps address the issue of multicultural healing. Native American practitioners raise questions about the appropriateness of current theoretical approaches. #11028/1410 60 minutes 2000 \$229.95 *SA

GAMBLING

NO MORE BETS, PLEASE ***Winner CINE GOLD EAGLE Award!**

This straight-talking, empowering video program offers essential information on how problem gambling develops, its damaging impact on individuals and families, and how it can successfully be treated. #15611/0787 40 minutes 2003/2008 \$139.95 *SA

PATHOLOGICAL GAMBLING

When does gambling, or as it has been recreationally renamed by the industry that profits from it, GAMING, transform itself into a recognizable pathology? Gaming...sounds like a fun pastime; unfortunately not for everyone. This program describes pathological gambling, a syndrome of out-of-control gambling which causes gamblers enormous financial, legal, marital and other problems. Treatment strategies include financial planning, marital therapy and most importantly, cognitive therapy that addresses the false beliefs shared by most problem gamblers.

#11783/1420 18 minutes 2008 \$139.95 *SA



GAMBLING: It's Not About Money

***Winner of Time Inc Freddie (Medical and Media) Award for Behavioral Disease**

Gambling is a primary addiction for a growing number of individuals and a potential cross-addiction for alcohol and drug addicts, this DVD provides crucial information for all in the recovering community. Firsthand testimonials from a diverse group of recovering compulsive gamblers help viewers identify the symptoms of gambling addiction and offers help for long-term recovery from this debilitating disorder. #1190/0795 36 minutes 2000 \$209.95

OTHER GAMBLERS: Women and Older Gamblers

Growing numbers of seniors and women are taking up gambling in one form or another and for a variety of reasons. Whether it's an attempt to increase meager incomes or as a way to pass time and add excitement to their lives, some are finding these activities have negative consequences, and are also very difficult to stop. #10977/0410 28 minutes 2001 \$269.95 *SA



STRIKE DICE! Betting on My Father

***American Psychological Association Convention Festival, 2011 *Western Psychological Association Convention Festival, 2011**

Addiction can break up families, and often does. STRIKE DICE is the story of a daughter whose father left the family when she was young to pursue his gambling addiction. As a grown woman, Natalie goes to Las Vegas in search of her father, whom she finds homeless, gaunt, and unwashed, but still driven by the desire to gamble. Despite her best efforts, he is initially unwilling to acknowledge his addiction and accept the help he needs. The film chronicles a daughter's struggle to get her father off the streets and back into society, and to accept him for his flaws. It follows Natalie's journey as she helps her father find shelter and treatment to conquer his addiction, and illustrates the progress they make toward repairing their relationship as father and daughter. #15496/0605 57 minutes 2011 \$409.95

PROFESSIONAL DEVELOPMENT

***Brand New!** MOVING FROM TRAUMA-INFORMED TO TRAUMA-RESPONSIVE: A Training Program for Organizational Change

While many organizations are trauma-informed, becoming trauma-responsive means looking at every aspect of an organization's programming, environment, language, and values and involving all staff in better serving clients who have experienced trauma. This comprehensive training program provides program administrators and clinical directors with key resources needed to train staff and make organizational changes to become trauma-responsive and involves all staff, ensuring clients are served with a trauma-responsive approach.

This training program describes the ten-step process of becoming trauma-responsive:

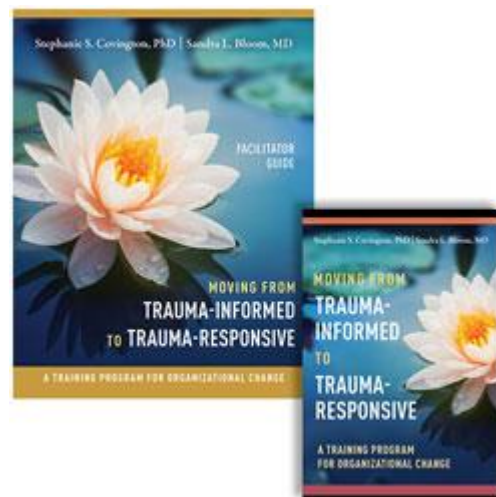
- *Gain knowledge of stress, adversity, and trauma
- *Understand of the impact of organizational stress and trauma
- *Understand the concept and structure of a Guide Team
- *Assess and improve clients' first experience with your organization
- *Assess and improve your organization's physical space
- *Assess and improve your organization's sense of safety
- *Understand the leadership qualities and skills needed to initiate trauma-responsive organizational change
- *Create a shared language and tools to address trauma
- *Implement evidence-based, trauma-specific curricula
- *Have each staff person create a personal self-care plan

Developed by leading trauma experts Stephanie S. Covington, PhD, and Sandra L. Bloom, MD, this program is an excellent primer to assist organizations in becoming trauma-responsive prior to implementing an in-depth trauma curriculum.

The package includes:

- *More than three hours of video
- *Flash Drive with resources that can be easily reproduced for training participants
- *Facilitator guide with step-by-step instructions to assist facilitators in implementing the ten-step process of becoming trauma-responsive

#16234/0795 Complete Package 2018 \$809.95



***New!** MINDFULNESS FOR WELL-BEING

For most people, even the ordinary demands of life can cause some feelings of unease and stress, and these stressful thoughts and feelings may result in chronic mental and physical fatigue or anxiety. The seemingly simple act of mindfulness helps reduce the impact of stress, anxiety, depression, and chronic pain. Mindfulness is the act of paying attention to moments of experience with an accepting and friendly attitude so as to observe with all the senses what is happening in each moment. The practice of mindfulness is an effective means of enhancing and maintaining optimal mental health and overall well-being, and can be implemented in every aspect of daily living. Mindfulness has been applied to a variety of mental and physical disorders and has also been useful within educational, military, and corporate settings. In this video, Dr. Rezvan Ameli demonstrates three mindfulness exercises within a group therapy setting and also discusses the science and practice of mindfulness.

#16182/1745 100 minutes 2016 \$149.95 *CC

ADOLESCENT DRUG ABUSE (Clinical Innovators)

Aimed at counselors and therapists, this video guides viewers through new adolescent substance abuse treatment that has emerged from the shadows of adult treatment as a separate, clinically creative field of study where considerable scientific progress has been made in our knowledge about the causes and correlates of adolescent problems. #13917/0795 65 minutes 2009 \$269.95 *CC

STEP ALONG THE WAY (A): A Family with a Drug Problem

Conducting family therapy can feel like an impossible juggling act, where complicated dynamics can make effective interventions elusive to the best of us. Successful clinicians must make sense of a family's needs as a whole, as well as facilitate work within the relationships that impact the entire system. In this video, renowned family therapist Virginia Satir leads a powerful session with a family dealing with substance abuse and codependency. Satir's natural facility with families is astounding even today, and you'll gain a deep appreciation of her legacy as she progresses this challenged family several steps closer to resolution. #16116/1745 63 minutes 2015 \$219.95



***** See also LOVING SOMEONE WITH AN ADDICTION in this catalogue**

#15587 60 minutes 2013 \$189.95

MINDFULNESS FOR ADDICTION PROBLEMS

Dr. G. Alan Marlatt demonstrates his meditative technique for helping clients with substance addictions. Studies have shown that heavy drinkers who begin meditating show a decrease in the amount they drink. #14566/0157 100 minutes 2004 \$149.95 *CC

MULTIDIMENSIONAL FAMILY THERAPY: A Research-Proven, Innovative Treatment for Adolescent Substance Abuse

In this film, Dr. Howard Liddle, developer of MDFT, works with 16-year-old Christian, who has been arrested for purchasing marijuana. The film includes nine condensed therapy sessions with Christian, his mother - a single parent struggling with personal issues, and Christian's school counselor. The session highlights the key areas of focus and core interventions in the integrated MDFT approach, and enumerates the model's three stages. Dr. Liddle provides summaries of session segments and offers brief presentations on the core sections of the MDFT. The design and format of the film demonstrates the thought processes of a therapist using MDFT, and offers a behind-the-scenes experience of the model. #15983/1410 75 minutes 2014 \$269.95

BRIEF THERAPY FOR ADDICTIONS SERIES

A comprehensive professional development series of seven programs:
STAGES OF CHANGE FOR ADDICTIONS model with John C. Norcross
MOTIVATIONAL INTERVIEWING with William R. Miller
COGNITIVE THERAPY with Bruce S. Liese
INTEGRATING THERAPY WITH 12-STEP PROGRAMS
with Joan Ellen Zweben

HARM REDUCTION THERAPY FOR ADDICTIONS with Dr. G. Alan Marlatt

COUPLES THERAPY FOR ADDICTIONS with Dr. Barbara S. McCrady

REALITY THERAPY FOR ADDICTIONS with Robert Wubbolding, EdD

*Complete descriptions of each program available on our website.

#11535/1745 Seven programs 2007 \$219.95 each or Series \$1,299.95



***Best-seller & Canadian!**

INTERACTIVE GROUP THERAPY IN ADDICTION: Interventions for Dynamic Groups

Aimed at clinicians, therapists, trainers, supervisors/managers of group programs as well as general health professionals and students preparing to use group therapy as a treatment modality. This series provides an opportunity to observe the process and techniques of interactive group therapy for drug and alcohol dependent persons. The purpose is to facilitate understanding and sensitivity to group process across cultures and to demonstrate the most important function of a group leader - directing the focus of the group through interventions that promote dynamic interaction. #9223/2045 Three DVDs 1999 \$379.95 *SA .

*Includes 49-page guide. **See our website for a detailed description of this series*

***New!** GROUP THERAPY FOR ADDICTIONS

While our field offers numerous approaches to group therapy, less is understood about group interventions for addiction. This refreshing video begins to close the gap by presenting a rich series of vignettes from an interpersonal process group for clients in early-stage recovery. Here, you'll watch Tim Leighton and his UK-based team of addiction experts demonstrate key elements of this experiential model, shown in an outpatient setting. If you work with clients in recovery - or if you simply enjoy group work - this video will give you an array of necessary skills for leading successful interpersonal therapy groups.

"This superb video showcases highly competent group therapists combined with lucid explanations of both theory and technique. You'll witness the group leaders harness the power of the group by repeatedly focusing the attention on how members are relating to each other, a key skill in effectively run groups. I would highly recommend this video to any therapist interested in mastering the art of group therapy, regardless of population served."

Irvin Yalom, MD, author of The Theory and Practice of Group Psychotherapy

#16180/1745 83 minutes 2016 \$219.95



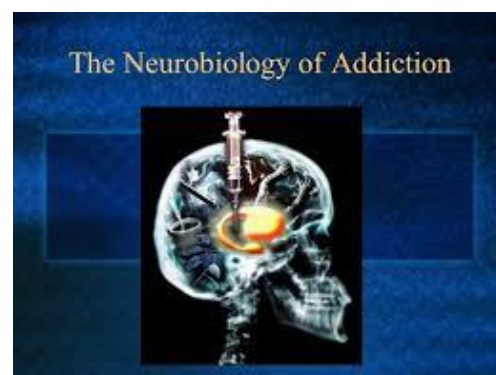
INTRODUCTION TO STRUCTURED RELAPSE PREVENTION: An Integrative Approach to Working with Alcohol and other Drug Problems

Structured Relapse Prevention (SRP) is a program of integrated counseling strategies (SRP) that includes motivational Interviewing, cognitive-behavioural treatments, and a variety of coping skills strategies that are organized to meet clients' different needs and treatment goals. Clients are met where they are in their current substance use, and autonomy for change remains with the client. This presentation is an introductory overview for Counselors who wish to expand their skills repertoire for working with clients.

#14966/1410 90 minutes 2010 \$179.95 *SA

THE NEUROBIOLOGY OF ADDICTION (Clinical Innovators)

Continuing revelations about the human brain are transforming our approaches to medical treatment, education, and human development. In this guide, Dr. Carlton Erickson, director of the Addiction Science Research and Education Center at the University of Texas, writes not only a "brain science 101" text, but helps explain how developments in neurobiology call for basic changes in the very ways that addiction professionals discuss, define, and treat chemical dependence. #13918/0795 50 minutes 2009 \$309.95 *CC



HOUSING FIRST: The Pathways Model to End Homelessness for People with Mental Illness and Addiction

Research proves that the "Housing First" approach is more effective than traditional models at dramatically reducing homelessness among those with mental health and substance use disorders. The accompanying manual provides a solid foundation for introducing this evidence-based approach. Illustrates the concepts presented in the manual, offering client success stories, helpful tips, and model teams in action. #14313/0795 DVD and MANUAL 20 minutes 2010 \$369.95 *CC

ASSESSING ALCOHOL PROBLEMS USING MOTIVATIONAL INTERVIEWING

In this video Dr. Linda Sobell demonstrates cognitive-behavioral motivational interviewing techniques for assessing a patient's alcohol use. Then she and Dr. Mark Sobell discuss this useful approach for working with individuals with substance use disorders. Motivational interviewing is a client-centered, directive method for eliciting intrinsic motivation to change by exploring and resolving a person's ambivalence to change using open-ended questions, reflective listening, and decisional balancing. This non-judgmental, non-confrontational interviewing style is designed to minimize a patient's resistance. The goal is to construct an interaction with patients so they feel comfortable discussing their risky or problem behavior. #14586/0157 100 minutes 2008 \$139.95 *CC

***Best Seller!** MOTIVATIONAL INTERVIEWING STEP BY STEP

Learn motivational interviewing with the most in-depth training series to date. Demonstrations and interviews illuminate the underlying principles, tools, techniques, and strategies that will enhance your skills in leading clients through the change process.

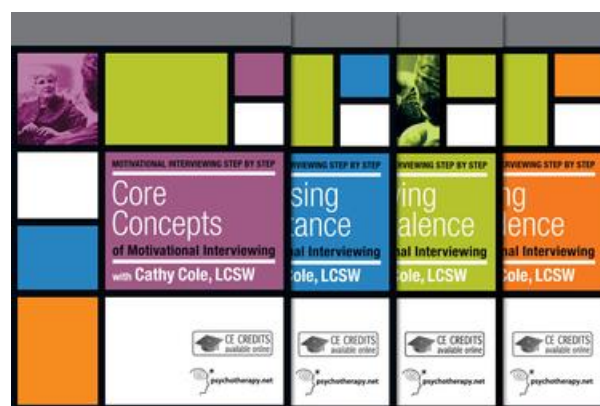
CORE CONCEPTS introduces the foundational principles

INCREASING IMPORTANCE addresses how to help clients who are unsure whether change is even desirable.

RESOLVING AMBIVALENCE tackles a central issue in MI - dealing with clients who haven't decided which choice is the right one.

BUILDING CONFIDENCE focuses on the helping clients trust their own ability to enact the desired change.

***This series is designed for use not only by counselors and therapists, but by nurses, parole officers, and others. *Includes Instructor's Manual #15085/1745 Four programs 2012 \$229.95 each or Series \$809.95



RATIONAL EMOTIVE BEHAVIOR THERAPY FOR ADDICTIONS with Albert Ellis

Learn to use REBT with clients struggling with addiction by watching the originator of the method in an actual therapy session. Albert Ellis demonstrates his signature style with a difficult client; using rationality, strong language, and forceful directives, he is remarkably effective in just one session. #13154/1745 52 minutes 2009 \$219.95

THERAPEUTIC COMMUNITY SERIES (THE)

Since the 1950s therapeutic communities (TCs) have effectively treated people with the most severe cases of substance abuse. The focus on an all encompassing community and peer support model is still thriving in TCs today. This comprehensive series blends historical and contemporary footage from active TCs with George De Leon's expert lectures on the framework, methods and components of an ideal TC.

Volume 1: THE THERAPEUTIC COMMUNITY PERSPECTIVE 54 minutes

Volume II: COMMUNITY AS METHOD 44 minutes

Volume III: COMPONENTS OF GENERIC THERAPEUTIC COMMUNITY 79 minutes

#12825/1745 Three programs 2009 \$189.95 each or Series \$409.95



TREATING ALCOHOLISM IN PSYCHOTHERAPY

with Stephanie Brown, Ph.D

Volume I: DEVELOPMENTAL MODEL IN ACTION - Shows clinicians how to provide effective treatment for alcoholics, without having to choose between a 12-step versus psychotherapeutic approach!

Volume II: DEVELOPMENTAL MODEL IN THEORY - A Live Workshop will help viewers gain an in-depth understanding of the critical phases they must lead their alcoholic clients through in their recovery.

#10860/1745 Two programs Series \$409.95

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